

Showcasing an Innovative Coaching and Mentoring Program for Leadership Development

York Region Public Health

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Presentation Objectives

- Define critical success factors for establishing a leadership development program
- Discuss learnings from the group-based social learning project
- Demonstrate use of the LEADS in a Caring Environment framework
- Share strategies that support effective uptake and support for LEADS



York Region Coaching- Mentoring Framework for Leadership

Elements Identified by the Coachee-Mentee:

- Less structure in coaching conversations and allow coachee to define the discussion topics
- Coach acknowledges strengths, critically challenges coachee's thinking
- Use of guided questions and leadership development frameworks
- Providing opportunities for practical application of leadership skills

LEADS in a Caring Environment Capabilities Framework Domains

Lead Self

Engage Others

Achieve Results

Develop Coalitions

Transform Systems

Elements Identified by the Coach-Mentor:

- Coach is able to use a variety of techniques to suit the coachee's style and meet their goals
- ❖ Use reflective practice exercises to support coachee in gaining self-awareness
- Utilize specific case scenarios and case studies to help better understand a specific topic
- Provide individual /group coaching sessions to support learning through multiple experiences
- Continue mentoring when coachee puts knowledge into practice through application

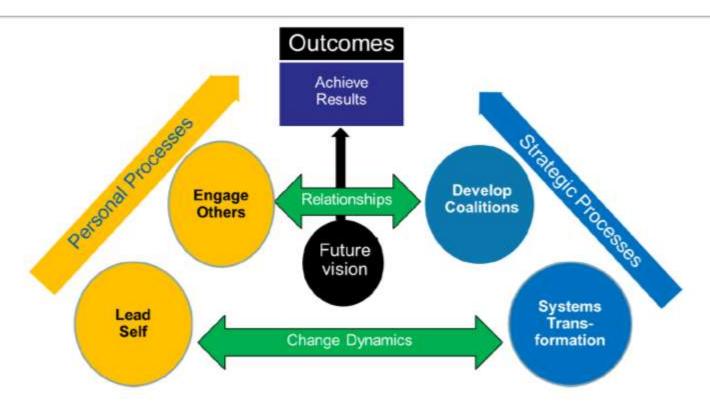
Community and Health Services



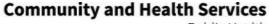


The LEADS in a Caring Environment Capabilities Framework

A key enabler for effective Leadership Development



Reference: Dickson, G., Tholl, B. (2011). The Leads in a Caring Environment Framework. Canadian College of Health Leaders and CHLNet









LEADS Framework Capabilities

Leac	CA	

Self-Awareness Develops Self

Manages Self Demonstrates Character

Engage Others

Fosters the Development of Others Contributes to the Creation of a Healthy Organization

Communicates Effectively Builds Effective Teams

Achieve Results

Sets Direction Strategically Aligns Decisions with Vision, Values and Evidence

Develop Coalitions

Mobilizes Knowledge Navigates Socio-Political Environments

Systems Transformation

Demonstrates Systems / Critical Thinking Encourages and Supports Innovation

Strategically Oriented to the Future Champions and Orchestrates Change

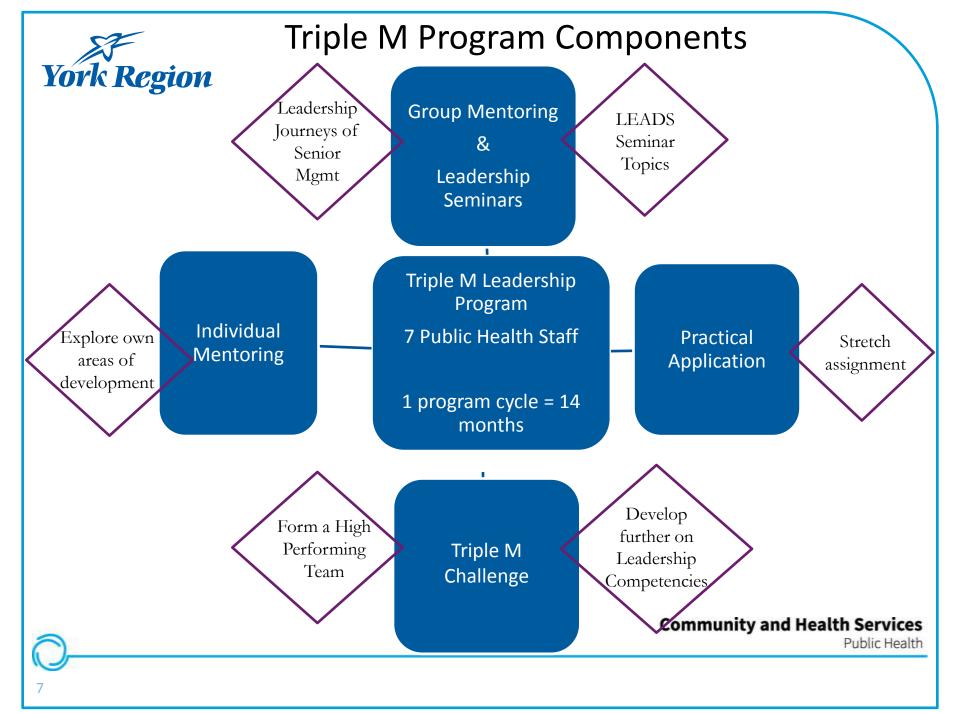




Triple M Leadership Program Goals Mobilizing-Meaningful-Mentoring

- Develop leaders based on principles of coaching and mentoring and social learning theory
- Enhance leadership core competencies among emerging leadership
- Add to the talent pool of leaders for the organization







Critical Success Factors for Establishing Triple M

Senior Mgmt. Buy-in

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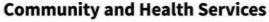
Project Sponsor/

Champion

Consultations with Key organizational partners

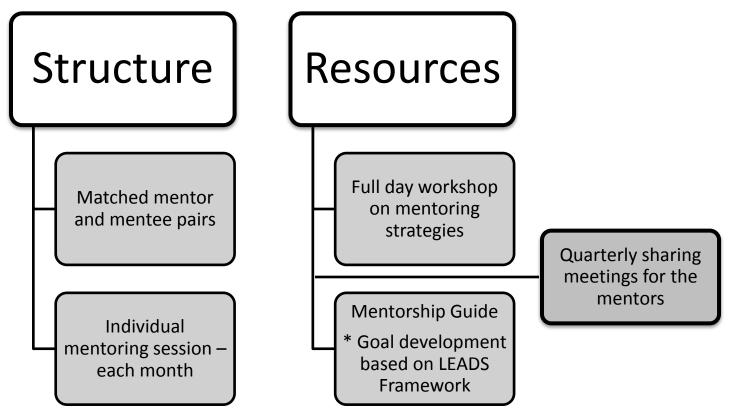
Formation of
Triple M
Advisory
Committee

Consultation with experts on program curriculum and design





Design of the Individual Mentoring Component

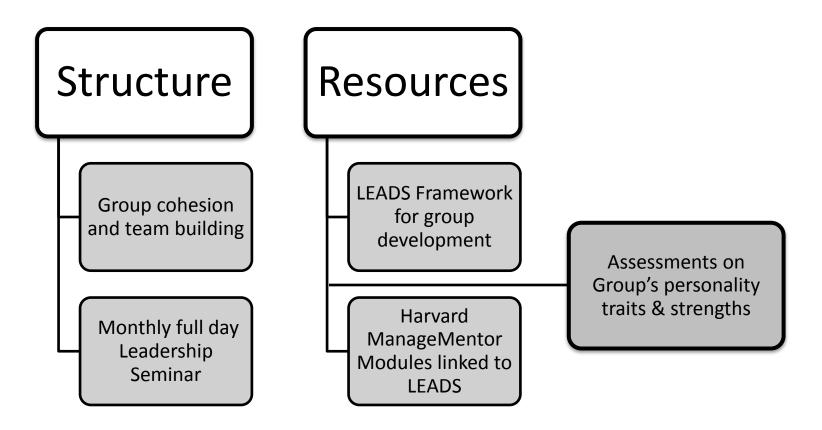




Community and Health Services



Design of the Group Mentoring Component





Community and Health Services



Design of the Challenge Component

Structure

Challenge introduced six-months into the program

Monthly group coaching session to support Challenge

Resources

LEADS Framework and HMM to support design of the Challenge

Internal
Information
specific to the
Challenge

Access to expertise of program evaluator

Community and Health Services





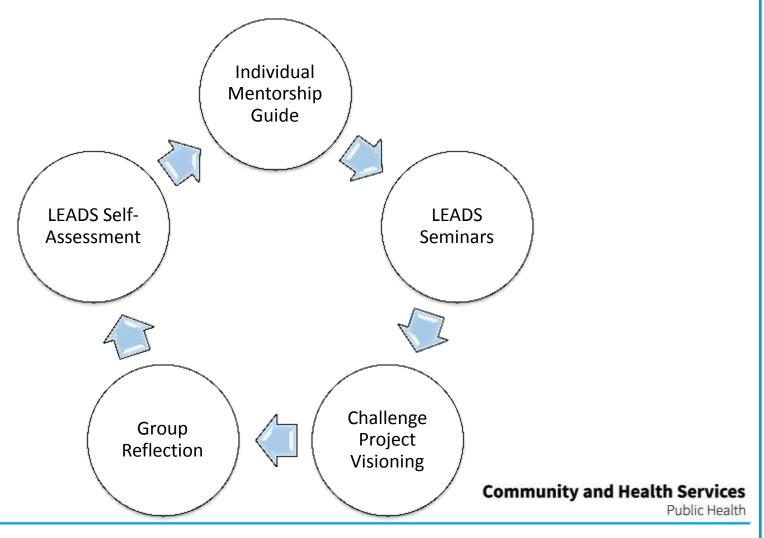
Insights on the Challenge Component

Participants View	Our View	
Strong in project management of the Challenge	 Additional support was provided to guide Triple M team and assign tasks 	
 Use of group process and team collaboration was evident throughout the Challenge 	 At times, facilitation was required to move the group to make collaborative decisions 	
Effectively achieved the individual components assigned to them	 Further opportunity to build as a cohesive group and learn from each other in the group 	
Challenge project was very resource intensive and participants did not get to select the area of focus		



York Region

Incorporation of the LEADS Framework in Triple M



York Region

Embedding LEADS in our Organizational Language

Manager Presentations and Training

LEADS discussed at all our Branch
Managers mtgs

Staff level Committees

Introduction of LEADS to all of our health unit nurses

Beginning of a Managers'
Community of Practice Using LEADS

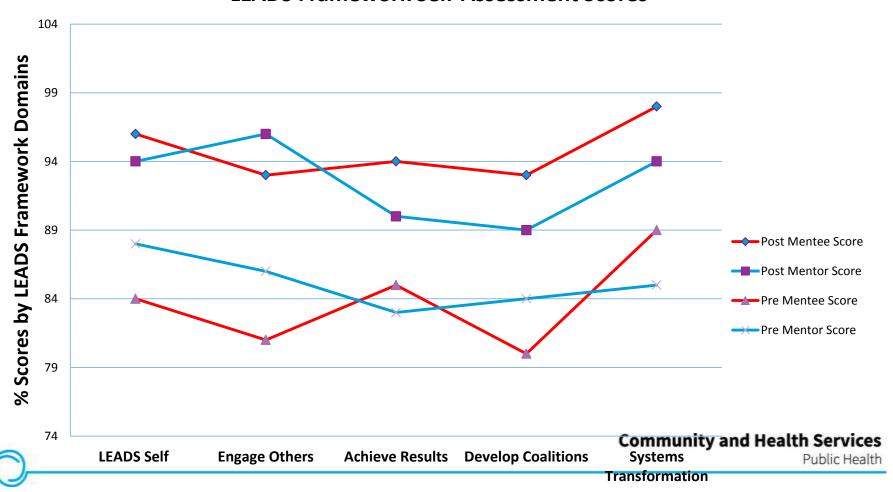
Community and Health Services





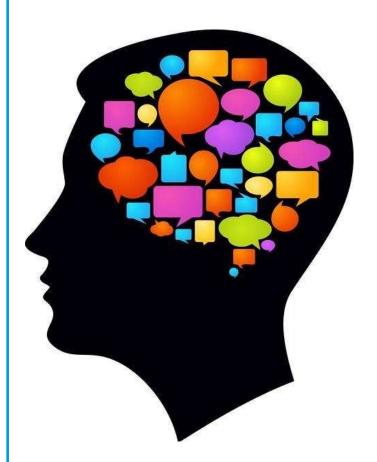
Impact of Triple M Pre and Post LEADS Self assessment scores

LEADS Framework Self-Assessment Scores





Food for Thought!



Why was coaching and mentoring foundational to the success of integration of the LEADS framework in our program?

