



CNHC June 2018

Reaching Out-Meeting People Were
They Are At.



Out and About in the Community

Successes and Challenges



Objectives

- Epidemiology
- Barriers
- Challenges
- Successes
- Future

Saskatchewan At A Glance

'A state of emergency': HIV rates in Sask. rise again in 2016

Preliminary data from the Ministry of Health shows 170 new cases reported last year

Stephanie Taylor - CBC News - Posted: May 05, 2017 10:25 AM CT | Last Updated: May 5, 2017

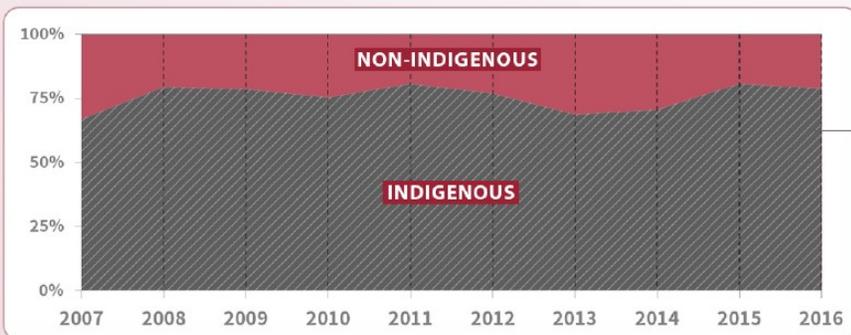


A physician says intravenous drug use is the primary way HIV is transmitted in Saskatchewan (CBC)

An infectious disease physician with the Regina Qu'Appelle Health Region says Saskatchewan is in what he calls "a state of emergency" as the number of new HIV cases in the province continues to rise.

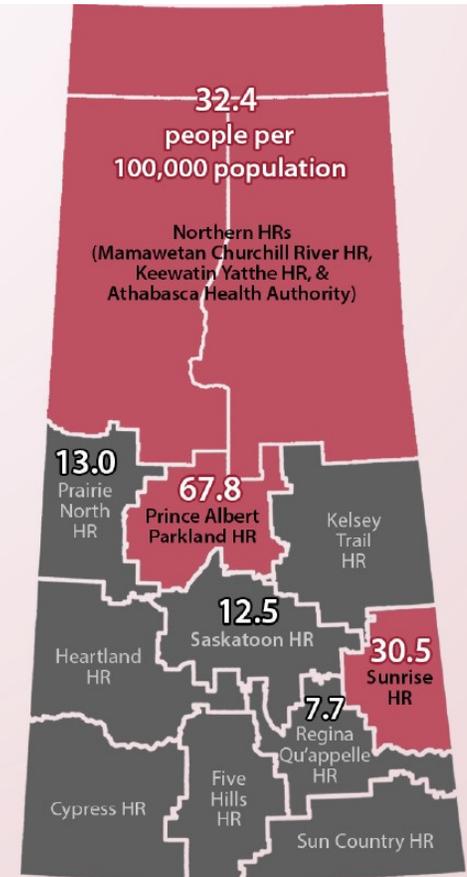
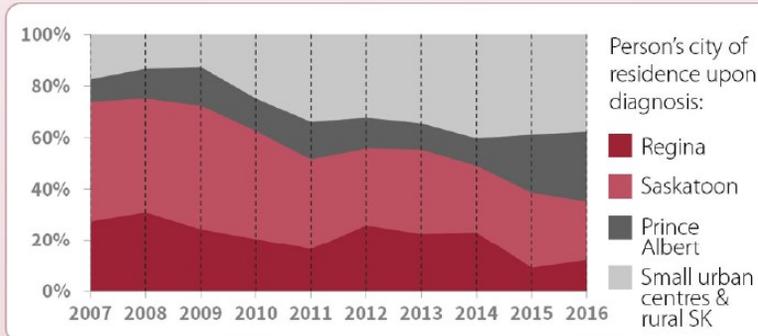
Epidemiology of HIV in Saskatchewan

↑ females



▶ Those who **self-identified as Indigenous** remained the **most common** group of newly diagnosed people

▶ **Most** of those newly diagnosed were **from Regina, Saskatoon, and Prince Albert**. The proportion coming **from rural areas increased** since 2010



Hepatitis C

**New diagnosis equal
to the number of
persons treated**

15,000-25,000 what is the number?

Sask. doctor concerned about 'shockingly low' number of hepatitis C patients being treated

This spring, the province expanded coverage for new drugs that have a 95% cure rate

CBC News · Posted: Jul 29, 2017 5:00 AM CT | Last Updated: July 29, 2017



Hepatitis C can be spread by sharing needles, personal care items, piercing equipment and having unprotected sex. (CBC)

An infectious disease specialist in Regina is trying to raise awareness about the availability of drugs that have a 95 per cent cure rate for hepatitis C.

Dr. Alex Wong, who works for the Regina Qu'Appelle Health Region, said to his knowledge there

WHY?

- Challenges
- Barriers
- Voiced Concerns
- Problems

- THE LIST IS LONG!!



So many problems –so few answers?

- Stigma/Discrimination
- Fear
- Access
- Isolation
- Poverty
- Addiction
- Mental Health
- Lack of available services
- Lack of trained professionals
- And



~~Problems~~

Solutions

Social Determinants of Health

- In Canada, the social determinants of health include:
- Disability
- Food insecurity
- Race
- Aboriginal Status
- Employment and working conditions
- Income
- Social exclusion
- Social safety net
- Housing
- Education
- Gender and Gender Identity
- Health Services
- Disability



Solutions

- **Are there solutions?**



- **NO easy answers**

Goals

The HIV Care Continuum

The first step is receiving a

2

The second step is having a **health care provider** for treatment and advice

3

The third step is receiving **HIV care for your entire life**

4

The fourth step is taking **anti-HIV, or antiretroviral, medications**

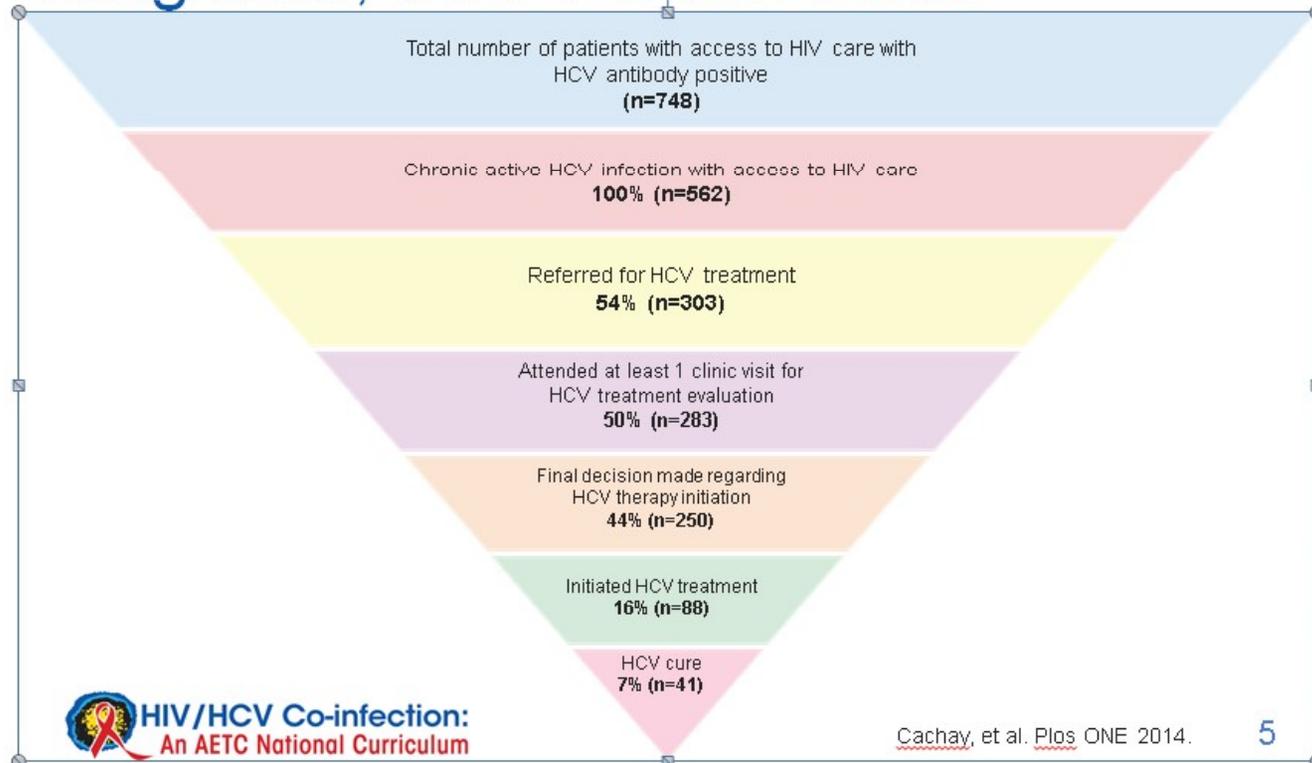
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The fifth step is achieving viral suppression



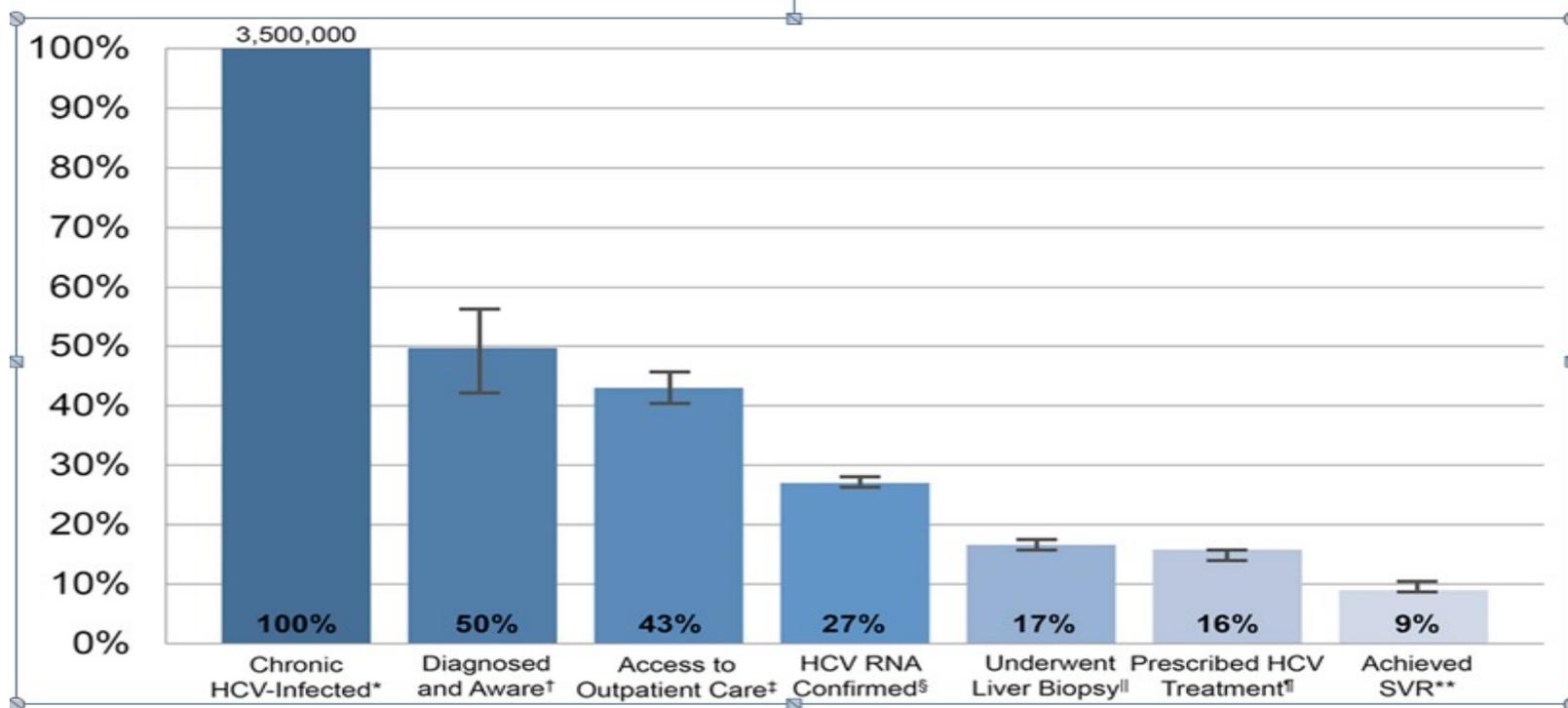
AETC National Curriculum HCV Cascade

HCV Cascade in PLWH following HCV Diagnosis, UCSD Owen Clinic⁴





Treatment Cascade for Chronic HCV⁶



Leaky Pipe



Reaching Out-First Steps

- Locations
- Assessing readiness
- Plan-Goals-include staff input
- Engaging the staff
- Scheduling
- Feedback
- Assessment
- Adapting

Careful Planning

- Take your time



Plans in Place

- Structure
- Develop protocols
- Scope of Practice
- Workplace Resources
- Supplies
- Community resources



Engagement

- Staff
- Clients



Meeting Client Needs

- What does the client need
- What does the client see as their needs
- Resources that are currently in place
- Available resources
- Timeline
- Avoid conflict

Health Care Provider

- Need to be:
- Flexible
- Adaptable
- Forgiving
- Understanding
- Problem Solve
- Accepting
- Listener
-



**Every good
conversation
starts with
good listening.**

Success

- Linkage to care for lost to follow up
- Testing those with no recent test—HIV/HCV
- Attendance at appointments
- Working with existing care providers
- Updating Immunizations
- Slowly clients are beginning to ask

Challenges

- Phlebotomy
- Client who are not ready to engage
- Missed clients
- Some days are better than other—adapt with the changing face of the community

Future

- **WISH LIST**
- Increased access to phlebotomy
- Incentives
- Support for paperwork

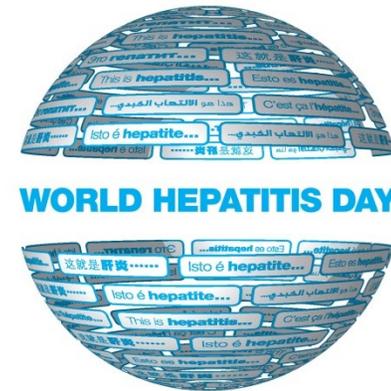


Interesting

- www.skshiv.ca
- HIV/HCV interest group
- Sask HIV/HCV Nursing Interest Group

Put an end to STIGMA/Discrimination

- **2018 Theme**
- Find the MISSING Millions
- Date: Sat. July 28, 2018



- **World AIDS Day 2018**
- December 1, 2018



Together We Can!!

