Empowerment - So What?

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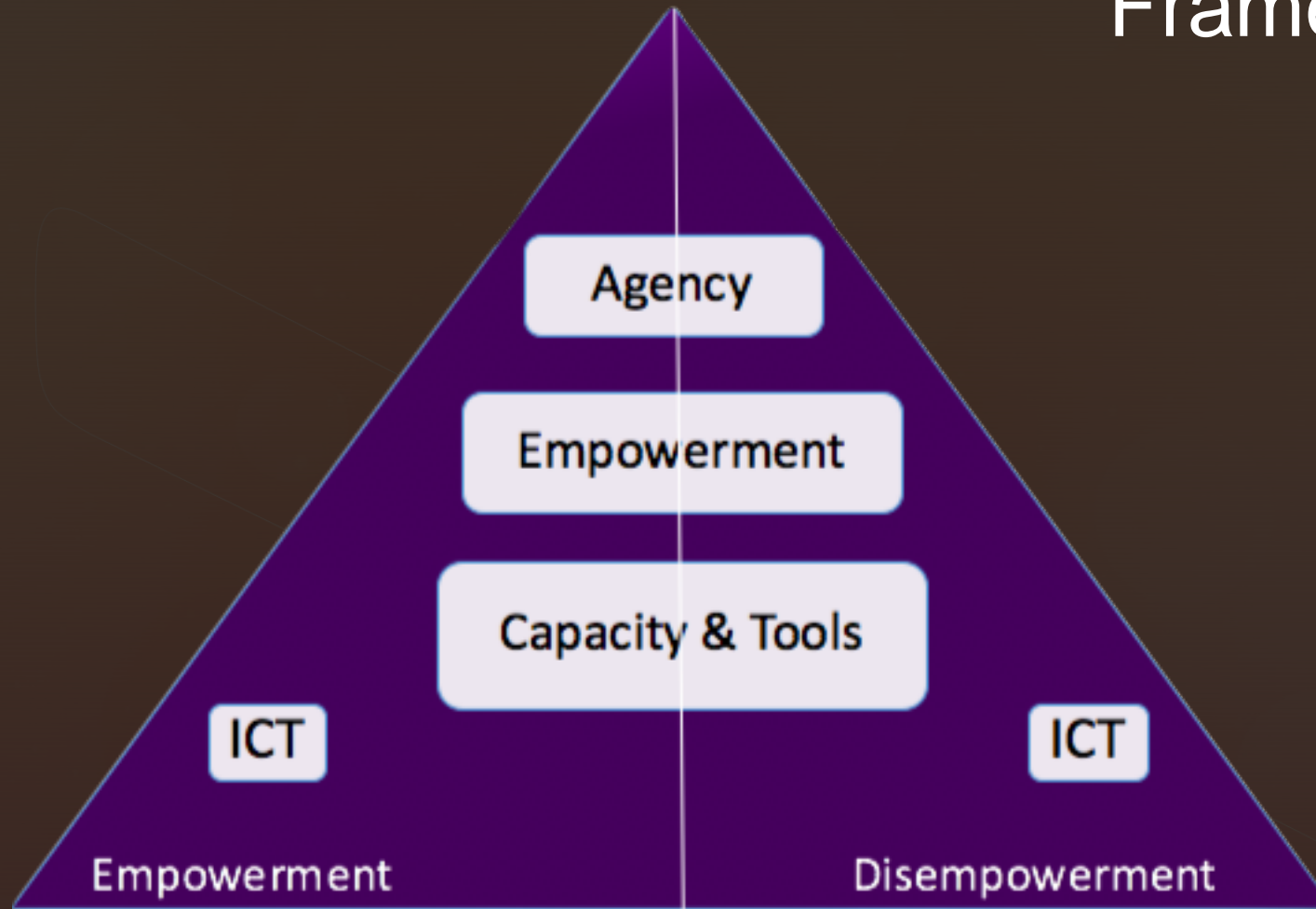
The Beginning…

Background

Photo credit: Sandra Bassendowski

Framework

Capacity & Tools

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- Lifestyle

- Education

- Outreach

- Health Challenges

Empowerment

- Disempowerment & Barriers
- Self-Efficacy
- Enabling Access
- Building Capacity – A Process

Agency (Barriers and Facilitators)

- Facilitators:
  - Individual
  - Community
- Barriers:
  - Individual
  - Community

Future Implications to Practice & Policy

- Funding & Access

- Literacy

- Assessment

- Culture

So What? – My Perspective

- Assess how technology plays a role in the life and health of community members.

- Promote the use of smartphones as a means to access health education among teenagers.

- Utilize existing and available technological resources to develop programming.

So What? – Your Perspective

- Ask your client, "How would you like to use your smartphone to improve the life, health, work etc. of your family?"

- Consider emerging technology as evidence based practice.

- Create a handout of local organizations, shops etc. that offer free Wi-Fi.