

SUPPORTING CANADA'S FAMILY CAREGIVERS

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Care Renewal: Reaching Out to Caregivers, Phase III

Funded by the J.W. McConnell Family Foundation

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Blazing Our Trail...

Tools, Tactics & Taking Charge

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Family Caregivers

Family caregivers provide care and assistance for spouses, children, parents and other extended family members (friends and neighbours) who are in need of support because of age, debilitating medical conditions, chronic injury, long term illness or disability. Family caregivers are the invisible backbone of the health and long term care system in Canada. (Canadian Caregiver Coalition)

Overview

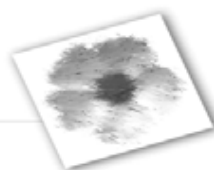
- ◆ Background Care Renewal: Reaching Out to Caregivers, Phases I, II and III
- ◆ Framework for Social Change
- ◆ National Initiatives:
 - Advocacy Project
 - A Pan-Canadian Policy Scan

Background Care Renewal: Reaching Out to Caregivers

- ◆ Funded by the J.W. McConnell Family Foundation in Montreal: www.mcconnellfoundation.ca
- ◆ Currently in the 3rd and final Phase of funding (Dec 2010)
- ◆ 13 projects engaged in Phase I & II
- ◆ Major goal is investing in initiatives that, through innovation, have a major impact by creating *positive social change*



Care Renewal: Reaching out to Caregivers Projects



**Alberta
Caregivers
Association**

Caring for Caregivers

The Caregiver Support Centre of
Centre de santé et service sociaux
Cavendish

Centre affilié universitaire



Canadian
Association for
Community Living



*Touching Lives Since 1897
Au cœur de la vie depuis 1897*



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PAUKTUUTIT

INUIT WOMEN OF CANADA

LE PHARE
Enfants et Familles



THE LIGHTHOUSE
Children and Families

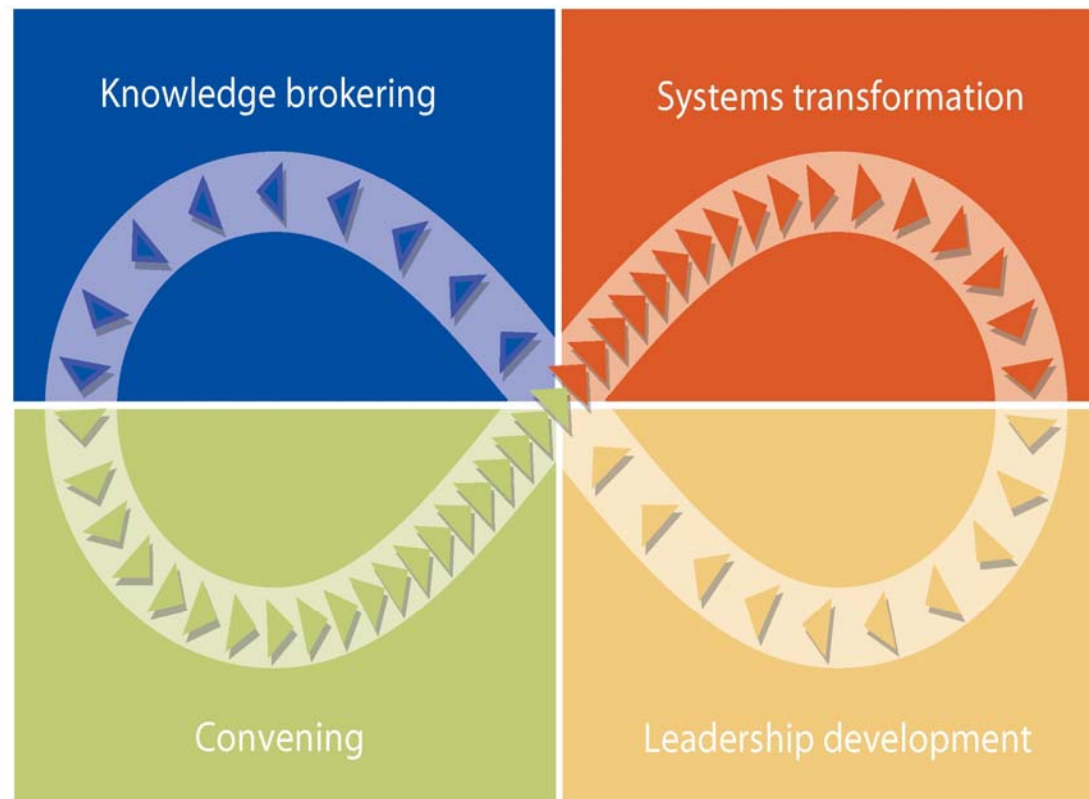


A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF CANADA
SOCIÉTÉ CANADIENNE DE LA SCHIZOPHRÉNIE
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.



**Multiple Sclerosis
Society of Canada**

Framework for Social Change

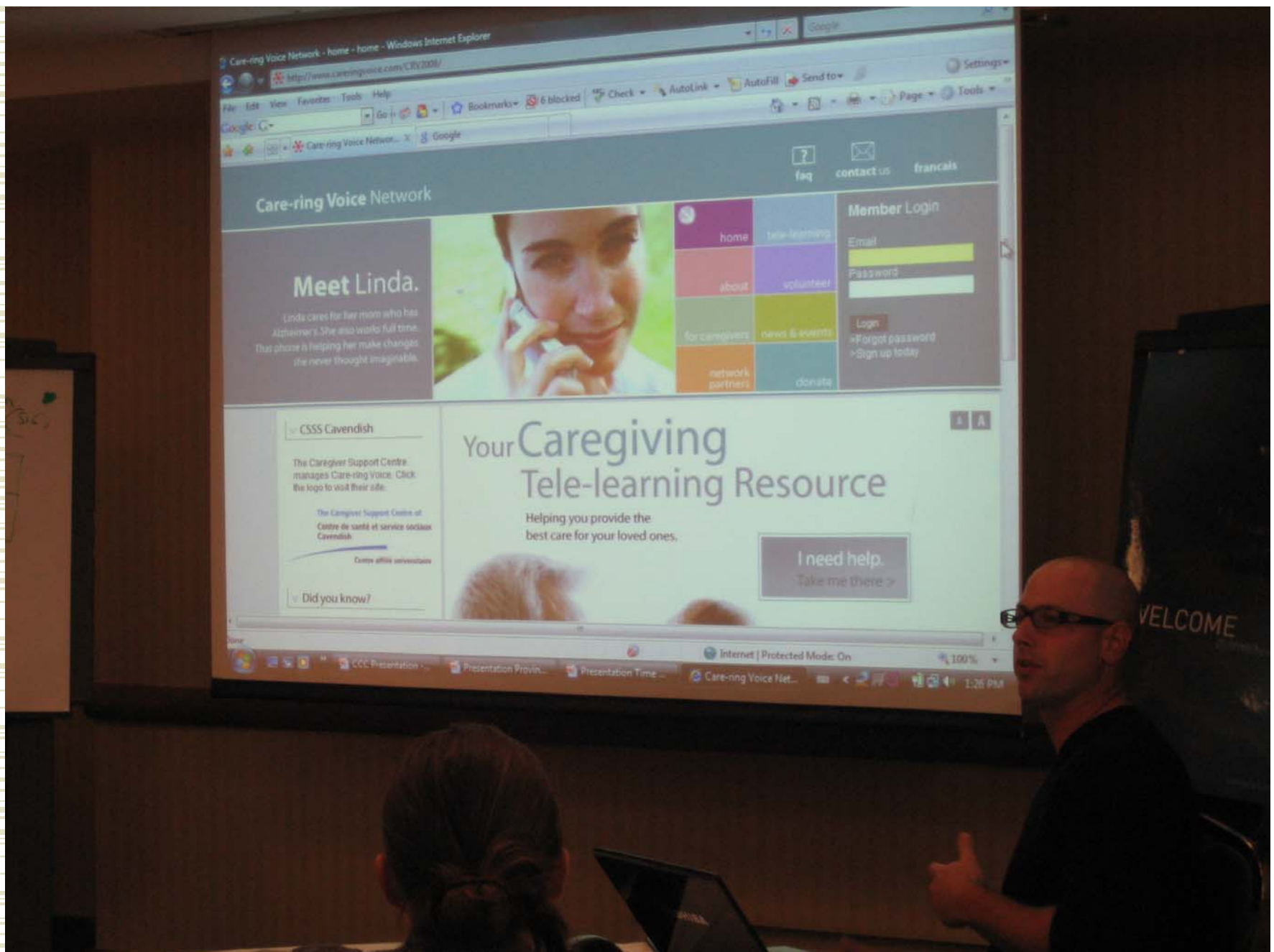


Pearson, K. (2007) *Accelerating our impact: Philanthropy, innovation and Social Change*, J.W. McConnell Family Foundation

Knowledge Brokering/Exchange

Bridging the Gaps:

- ◆ Mobilizing and brokering knowledge among practitioners, policymakers and researchers
- ◆ Providing information to the consumer/family caregivers
- ◆ Identifying and disseminating information
- ◆ Mobilizing learning, scaling up of successes



Convening

Establishing a common purpose:

- ◆ Bringing together policy, practice and research experts
- ◆ Creating cross sectoral collaboration
- ◆ Addressing the “silos” and “fragmentation”
- ◆ Creating cohesion and momentum



Systems Transformation

Creating system change:

- ◆ Promoting skill development
- ◆ Coaching, mentoring, professional support and development
- ◆ Learning new ways to advocate for change
- ◆ Being responsive and focused





Leadership Development

Building capacity:

- ◆ Strengthening capacity of the voluntary sector
- ◆ Integrating learning from public, private and not-for-profit (voluntary) sectors
- ◆ Formalizing professional development programs
- ◆ Working with politicians
- ◆ Building networks

Leadership Development

- ◆ Canadian Caregiver Coalition (CCC)
 - Signatories:
 - CHCA
 - VON Canada
 - CSSS Cavendish
 - ComCare
 - Partners

Partners

- ♦ Alberta Caregivers Association
- ♦ The Alliance of Francophone Women (AFFC)
- ♦ Alzheimer Society of Canada
- ♦ Caregivers Association of British Columbia
- ♦ Caregivers Nova Scotia
- ♦ Canadian Home Care Association
- ♦ Canadian Association of Retired Persons
- ♦ Childhood Cancer Foundation - Candlelighters Canada
- ♦ CSSS Cavendish Installation CLSC Rene-Cassin
- ♦ ComCare Health Services
- ♦ Family Caregivers Network Society (Victoria)
- ♦ Family Caregiver News Magazine

Partners

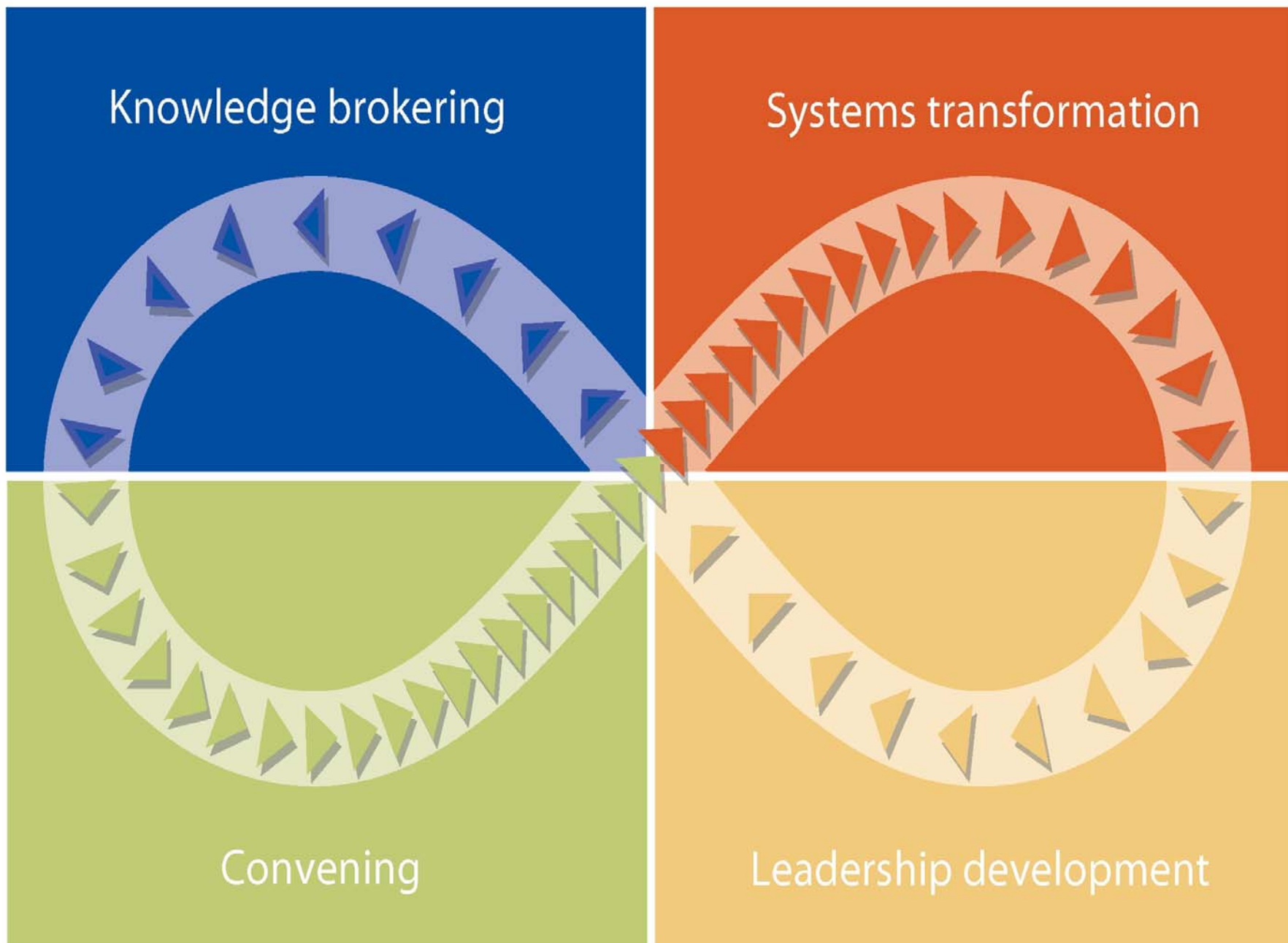
- ◆ Huntington Society of Canada
- ◆ IgeaCare
- ◆ Muscular Dystrophy Canada
- ◆ Ontario Caregiver Coalition
- ◆ Ontario Home Care Association
- ◆ Pauktuutit Inuit Women of Canada
- ◆ Procura
- ◆ RANM (Regroupement des aidant(e)s naturel(el)s de Montreal
- ◆ RANQ (Regroupement des aidant(e)s naturel(el)s de Quebec
- ◆ St. Elizabeth Health Care
- ◆ Schizophrenia Society
- ◆ The Lighthouse, Children and Families
- ◆ VON Canada

Knowledge brokering

Systems transformation

Convening

Leadership development



Caregiver Demographics



Statistics

- ◆ Breath of the Impact – 80% of the care
- ◆ Employment & Worklife Balance Issues
- ◆ Gender Differences
- ◆ Financial Challenges – 1/3 having increased out-of-pocket expenses
- ◆ Health Impact – numerous studies worldwide

A Framework for a Canadian Caregiver Strategy

1. Safeguarding the *health and well-being* of family caregivers and increasing the *flexibility and availability of respite care*
2. *Minimizing excessive financial burden* placed on family caregivers
3. Enabling access to *user friendly information and education*
4. Creating *flexible workplace environments* that respect caregiving obligations
5. Investing in *research* on family caregiving as a foundation for *evidence-informed decision making*

National Consultation

- ◆ Survey at www.ccc-ccan.ca (4 Questions)
- ◆ Position Papers
- ◆ Press Releases
- ◆ Resources
- ◆ Reports



Pan-Canadian Scan Status & Findings to Date



- ◆ Jurisdictional Issues
- ◆ Policy Limitations
- ◆ Fragmentation, Lack of Integration
- ◆ Model Programs & Practices

Resources

- ◆ On the Bookshelf – Sample references
- ◆ Magazines – Family Caregiver, Solutions
- ◆ Websites – Sample sites
- ◆ Consumer Organizations – Provincial, Regional
- ◆ Programs & Services – Innovative Approaches, Impact Aging at Home Strategies, Age Friendly Communities, Teleconferencing System

Conclusion

*Social change of this nature
is challenging and complex,
the beneficiaries of our success
are family caregivers*



Thank you

