

# SUPPORTING CANADA'S FAMILY CAREGIVERS

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Care Renewal: Reaching Out to Caregivers, Phase III

Funded by the J.W. McConnell Family Foundation

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**Blazing Our Trail...**

**Tools, Tactics & Taking Charge**

**June 19, 2009**



*Care Renewal* *Second souffle*  
Reaching out to caregivers L'élan vital d'un répit





# Family Caregivers

Family caregivers provide care and assistance for spouses, children, parents and other extended family members (friends and neighbours) who are in need of support because of age, debilitating medical conditions, chronic injury, long term illness or disability. Family caregivers are the invisible backbone of the health and long term care system in Canada. (Canadian Caregiver Coalition)



# Overview

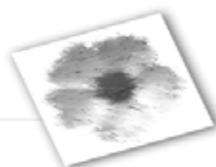
- ◆ Background Care Renewal: Reaching Out to Caregivers, Phases I, II and III
- ◆ Framework for Social Change
- ◆ National Initiatives:
  - Advocacy Project
  - A Pan-Canadian Policy Scan

# Background Care Renewal: Reaching Out to Caregivers

- ◆ Funded by the J.W. McConnell Family Foundation in Montreal: [www.mcconnellfoundation.ca](http://www.mcconnellfoundation.ca)
- ◆ Currently in the 3<sup>rd</sup> and final Phase of funding (Dec 2010)
- ◆ 13 projects engaged in Phase I & II
- ◆ Major goal is investing in initiatives that, through innovation, have a major impact by creating *positive social change*



# Care Renewal: Reaching out to Caregivers Projects



**Alberta  
Caregivers  
Association**  
*Caring for Caregivers*

The Caregiver Support Centre of  
Centre de santé et service sociaux  
Cavendish

Centre affilié universitaire

**LE PHARE**  
Enfants et Familles



**THE LIGHTHOUSE**  
Children and Families



Canadian  
Association for  
Community Living



*Touching Lives Since 1897  
Au cœur de la vie depuis 1897*



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**PAUKTUUTIT**  
INUIT WOMEN OF CANADA



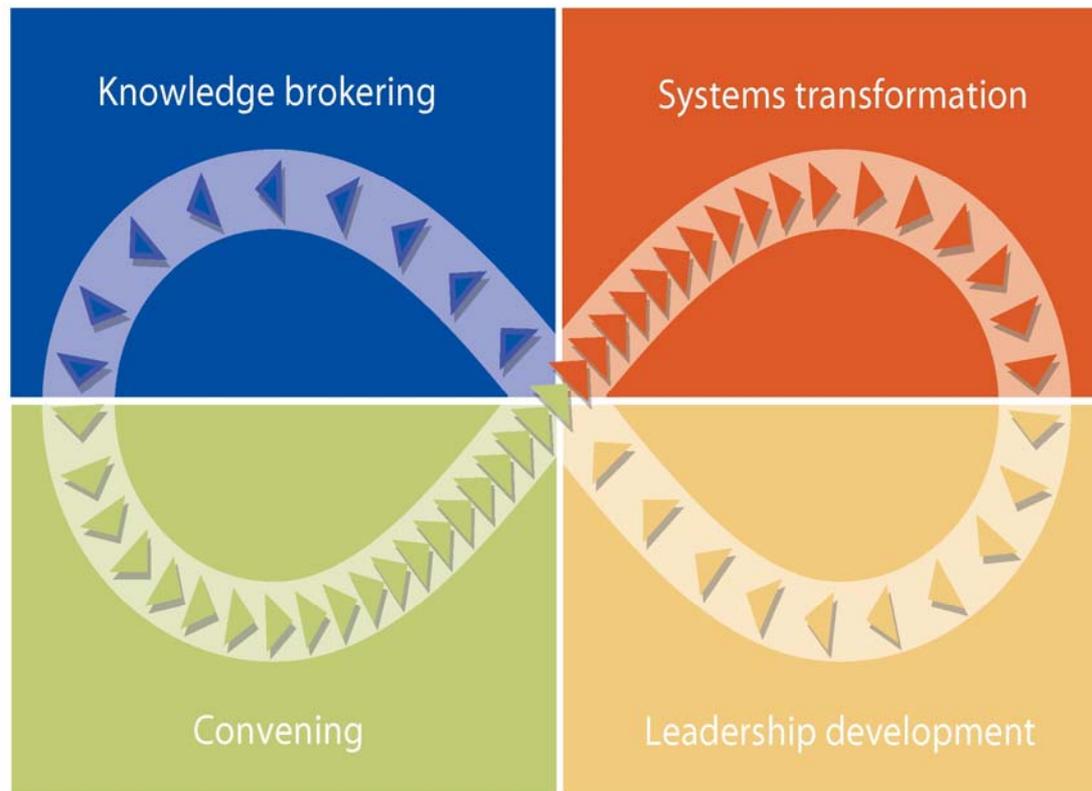
Providence  
Healthcare  
*Helping people. Healing lives*



A REASON TO HOPE. THE MEANS TO COPE.  
**SCHIZOPHRENIA SOCIETY OF CANADA**  
**SOCIÉTÉ CANADIENNE DE LA SCHIZOPHRÉNIE**  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

**MS** Multiple Sclerosis  
Society of Canada

# Framework for Social Change



Pearson, K. (2007) *Accelerating our impact: Philanthropy, innovation and Social Change*, J.W. McConnell Family Foundation

# Knowledge Brokering/Exchange

## *Bridging the Gaps:*

- ◆ Mobilizing and brokering knowledge among practitioners, policymakers and researchers
- ◆ Providing information to the consumer/family caregivers
- ◆ Identifying and disseminating information
- ◆ Mobilizing learning, scaling up of successes

Care-ring Voice Network - home - home - Windows Internet Explorer

http://www.caringvoice.com/CRV2006/

File Edit View Favorites Tools Help

Google

Care-ring Voice Network

faq contact us français

## Care-ring Voice Network

**Meet Linda.**

Linda cares for her mom who has Alzheimer's. She also works full time. That phone is helping her make changes she never thought imaginable.



home	tele-learning
about	volunteer
for caregivers	news & events
network partners	donate

### Member Login

Email

Password

Login

[Forgot password](#)

[Sign up today](#)

## Your Caregiving Tele-learning Resource

Helping you provide the best care for your loved ones.

**I need help.**  
[Take me there >](#)

SSS Cavendish

The Caregiver Support Centre manages Care-ring Voice. Click the logo to visit their site.

The Caregiver Support Centre of Centre de santé et service sociaux Cavendish

Centre affilié universitaire

Did you know?

Internet | Protected Mode: On

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WELCOME

# Convening

## *Establishing a common purpose:*

- ◆ Bringing together policy, practice and research experts
- ◆ Creating cross sectoral collaboration
- ◆ Addressing the “silos” and “fragmentation”
- ◆ Creating cohesion and momentum



# Systems Transformation

## *Creating system change:*

- ◆ Promoting skill development
- ◆ Coaching, mentoring, professional support and development
- ◆ Learning new ways to advocate for change
- ◆ Being responsive and focused





# Leadership Development

## **Building capacity:**

- ◆ Strengthening capacity of the voluntary sector
- ◆ Integrating learning from public, private and not-for-profit (voluntary) sectors
- ◆ Formalizing professional development programs
- ◆ Working with politicians
- ◆ Building networks

# Leadership Development

- ◆ Canadian Caregiver Coalition (CCC)
  - Signatories:
    - CHCA
    - VON Canada
    - CSSS Cavendish
    - ComCare
  - Partners

# Partners

- ◆ Alberta Caregivers Association
- ◆ The Alliance of Francophone Women (AFFC)
- ◆ Alzheimer Society of Canada
- ◆ Caregivers Association of British Columbia
- ◆ Caregivers Nova Scotia
- ◆ Canadian Home Care Association
- ◆ Canadian Association of Retired Persons
- ◆ Childhood Cancer Foundation - Candlelighters Canada
- ◆ CSSS Cavendish Installation CLSC Rene-Cassin
- ◆ ComCare Health Services
- ◆ Family Caregivers Network Society (Victoria)
- ◆ Family Caregiver News Magazine

# Partners

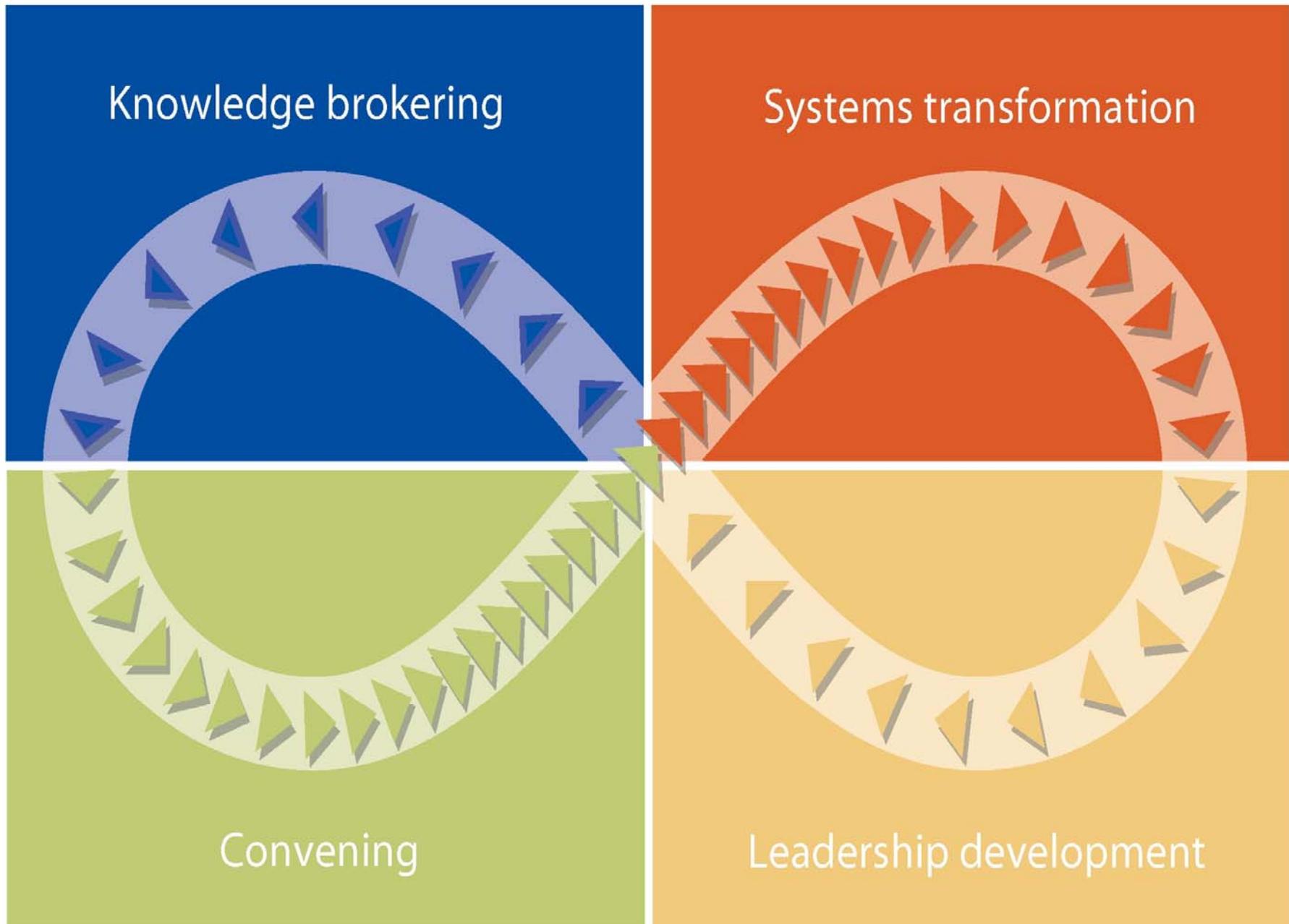
- ◆ Huntington Society of Canada
- ◆ IgeaCare
- ◆ Muscular Dystrophy Canada
- ◆ Ontario Caregiver Coalition
- ◆ Ontario Home Care Association
- ◆ Pauktuutit Inuit Women of Canada
- ◆ Procura
- ◆ RANM (Regroupement des aidant(e)s naturel(el)s de Montreal
- ◆ RANQ (Regroupement des aidant(e)s naturel(el)s de Quebec
- ◆ St. Elizabeth Health Care
- ◆ Schizophrenia Society
- ◆ The Lighthouse, Children and Families
- ◆ VON Canada

Knowledge brokering

Systems transformation

Convening

Leadership development



# Caregiver Demographics



# Statistics

- ◆ Breath of the Impact – 80% of the care
- ◆ Employment & Worklife Balance Issues
- ◆ Gender Differences
- ◆ Financial Challenges – 1/3 having increased out-of-pocket expenses
- ◆ Health Impact – numerous studies worldwide

# A Framework for a Canadian Caregiver Strategy

1. Safeguarding the *health and well-being* of family caregivers and increasing the *flexibility and availability of respite care*
2. *Minimizing excessive financial burden* placed on family caregivers
3. Enabling access to *user friendly information and education*
4. Creating *flexible workplace environments* that respect caregiving obligations
5. Investing in *research* on family caregiving as a foundation for *evidence-informed decision making*

# National Consultation

- ◆ Survey at [www.ccc-ccan.ca](http://www.ccc-ccan.ca) (4 Questions)
- ◆ Position Papers
- ◆ Press Releases
- ◆ Resources
- ◆ Reports



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# Pan-Canadian Scan Status & Findings to Date

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- ◆ Jurisdictional Issues
- ◆ Policy Limitations
- ◆ Fragmentation, Lack of Integration
- ◆ Model Programs & Practices

# Resources

- ◆ On the Bookshelf – Sample references
- ◆ Magazines – Family Caregiver, Solutions
- ◆ Websites – Sample sites
- ◆ Consumer Organizations – Provincial, Regional
- ◆ Programs & Services – Innovative Approaches, Impact Aging at Home Strategies, Age Friendly Communities, Teleconferencing System

# Conclusion

*Social change of this nature  
is challenging and complex,  
the beneficiaries of our success  
are family caregivers*



Thank you

