

# My Top 10 Favorite Things to do in St. John's

By: Stephanie Matthews, CHNC Conference Hospitality Committee Member

## 1. Hike Signal Hill

Starting from the Sheraton take the trail on Outer Battery Road and follow the Grand Concourse signage to take you along the rugged coast. Great views of the Battery and the Narrows. Make sure to wear comfortable footwear! Steps have been built in the steeper sections and in one place, a chain for hand gripping has been anchored to the cliffside to prevent hikers from slipping down the steep cliffs to the rugged Atlantic Ocean far below! But the view is well worth the effort, not to mention the terrific physical workout that you also gain from this hike. Don't forget to visit Cabot Tower, Queen's Battery and the Visitor Centre to learn about Signal Hill's role in Canada's communications.

## 2. Visit The Rooms

A wonderful way to experience art, archaeology and Newfoundland history all under one roof. Make sure you visit the café for a spectacular view and amazing food.

#### 3. Eat at Mallard Cottage

A world class restaurant located in the iconic fishing village, Quidi Vidi. The Sunday all day brunch showcasing the provinces local seafood and wild game is a must. Live music from the finest Newfoundland musicians.

## 4. Haunted Hike

If you are brave...weave through dark alleys and laneways in historic St. John's. Vengeful lovers, murdered soldiers, and mysterious fires await those who are brave enough to explore the secrets that lie in wait in St. John's darkest corners.

#### 5. Take a stroll

Meander down Water Street and pop into some of the local shops. Stop for a coffee at Rocket Bakery, sample some local chocolate at the Newfoundland Chocolate Company on Duckworth Street then release your guilt by taking a stroll through Historic Bannerman Park just minutes from Downtown. After walking in the park stop into Moo Moo's for a homemade ice cream...Turtle Cheesecake is to die for!

# 6. Sea Kayaking with Stan Cook

Transportation is provided to Cape Broyle about 30 minutes from downtown. An exhilarating experience you will never forget- you may see whales and icebergs but guaranteed a great experience.

## 7. Zipline

Soar over the scenic fishing village of Petty Harbour only 10 minutes from St. John's. North Atlantic Ziplines is the longest zipline course in Canada.

# 8. Lighthouse Picnics

If you have some extra time the Lighthouse Picnic in Ferryland (about a 1 hour drive south of St. John's) would put it to good use. The "Lighthouse Ladies" prepare all foods fresh each day for your enjoyment. Blanket and magnificent ocean view provided.

# 9. Cape Spear Lighthouse National Historic Site of Canada

Newfoundland and Labrador's oldest surviving lighthouse. Enjoy whales, seabirds and icebergs at Canada's most easterly point and hike the East Coast Trail while you are there.

# 10. Spirit of Newfoundland Productions

Experience Newfoundland humor at its best with dinner and a musical theatre show. The name of the company embraces and celebrates the rich spirit, culture, and talent Newfoundland is famous for. (We have a group reservation for Tuesday night of the conference, add a ticket when you register!)