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Sociopolitical Knowledge and Skills to Achieve Health Equity

Purpose:

To illustrate a strategy to identify problematic effects of public policy that contribute to health inequity

Goal:

To contribute to the skills set of CHN necessary for advocacy toward health equity

Background

- Nursing is a moral practice and takes place within a social, economic, cultural and political context
- Nurses' Obligation to Participate in Sociopolitical Activities (Ballou, 2000; Reimer Kirkheimer & Browne, 2006)

Examples: Code of Ethics, Competencies, Social Justice Gauge, BScN Curriculum

Focus on sociopolitical advocacy skills

Lens to view politics and political ideology

- Importance of welfare state typology or public policy (Distribution of resources)
- Prevailing neo-liberal/conservative approaches favor the role of the market in allocating resources resulting in:
 - income inequalities
 - housing crisis
 - crisis in food security
 - environmental degradation

CHN Practice: Privilege and Responsibility

Privilege:

Prolonged engagement with the community

Position of trust

Enables data collection

Responsibility:

Effective advocacy for health equity

Critical data analysis and action

One example...

Urban environmental health inequity:

Critical questions

look for patterns

identify related public policy

"Prolonged urban ethnography combined context specific data with personal narratives that indicated health inequity producing effects of a specific public policy."

Lack of regulated childcare Now what?

- Connect findings to public policies (NS Day Care Act)
- Institutional Ethnography to guide analysis of public policy:
- What are the underlying assumptions of an existing policy or of a policy void?
- Re-visit political ideologies of how society distributes its resources
- In whose interest are they?

...back to the example

- The Day Care Act of Nova Scotia (R.S., c. 120 s.
 1. (1989)
 - Province does not provide day care
 - Day Care Act is Regulatory only
 - Focus is on licensing
 - Province relies on private market for service
 - > Equal access not ensured
 - ➤ Mothers are denied same access to labor market as non-mothering parents=social exclusion

Inequity producing effect

- Systemic social exclusion is embedded in neoliberal welfare states as their political ideology is based on a concept of "neutrality of the private market"
- Policy does not account for different social reality of low-income mothers (class, gender, race)

Goal of social justice

 "to eliminate inequitable differences that systematically favor advantaged social groups" (Hofrichter, 2003, p. 13)

Closing the Gap in a Generation: Health equity through action on the social determinants of health (WHO, 2008)

Three principles of action

- 1. Improve daily living conditions
- 2. Tackle the inequitable distribution of power, money, and resources
- 3. Measure and understand the problem and assess the impact of action

The Time is Now

Thank you
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