



Choose
health!

ML MIDDLESEX-LONDON
HEALTH UNIT

CHNC
The Time is Now
Influence, Impacts, Outcomes

Halifax, Nova Scotia
May 16th to 18th

When Resources are Limited:

Creating a New Model of Care for Low Risk Postpartum Families

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Background/History

- Healthy Babies/Healthy Children (HBHC) Universal Home Visits (1997-2011)
- Decreased Ministry funding and Human Resources -2009

Factors Affecting Decision Making

- Other Health Units – what are they doing
- Research Evidence
- Community Context
- Budget/staffing
- Program Monitoring/Evaluation for New Model of Care

New Model of Care

- Plan – who, where, when
- Implementing – how
- Evaluation – why

Who

- Low Risk healthy postpartum families
- Without barriers to accessing community visit
- Communication with Hospital Partners



Where

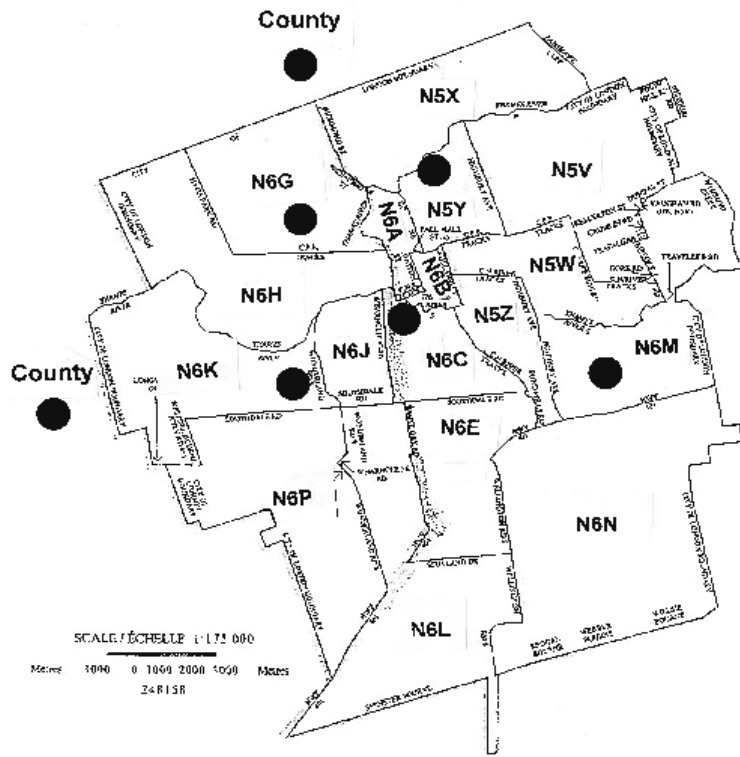
- Criteria for sites and exploration of potential sites
 - Site criteria
 - Availability of space



Criteria for Sites

- Internet access (essential)
- No cost for use of space (essential)
- Accessible/bus route
- Parking
- No stairs
- Other programming available
- Running water (close proximity)
- Land phone
- Privacy/quiet (room with door)

Post Birth Site Locations



Community Visit Location



When - Scheduling

- Principle of self-scheduling maintained
- Accessibility from off site
- Electronic calendar
- Public folders

Site Schedule

4 ⁰⁰					
5 ⁰⁰					
6 ⁰⁰					
7 ⁰⁰					
8 ⁰⁰			↻ 265 Maitland Street (Open 9:00-12:00pm)		↻ 265 Maitland Street (Open - 9:00-12:00 p.m.)
9 ⁰⁰	↻ NO COMMUNITY VISITS ON MONDAYS AT THIS LOCATION	↻ NO COMMUNITY VISITS ON TUESDAYS (AM) AT THIS LOCATION	Diane/Gaetane(covering)		Susan/Susan
10 ⁰⁰			Susan Smith, 519-999-4658	↻ NO COMMUNITY VISITS ON THURSDAYS AT THIS LOCATION	Mary Brown, 123-456-7890
11 ⁰⁰			Jane Jones, 519-345-6789		Kathy Smythe, 123-345-9876
12 ^{pm}			↻ Lunch		Nancy West, 546-678-2345
1 ⁰⁰			↻ NO COMMUNITY VISITS ON WEDNESDAYS PM AT THIS LOCATION		↻ NO COMMUNITY VISITS ON FRIDAYS (PM) AT THIS LOCATION
2 ⁰⁰					
3 ⁰⁰					
4 ⁰⁰					

How - Program Delivery

- Guidelines
- Education of staff to program
- Weekly debriefings with public health nurses

Why - Monitoring/Evaluation

- Program Efficiency
- Client Satisfaction Survey
- Staff Perceptions

Preliminary Outcomes

- Cost savings without compromising client care
 - Travel dollars
 - Staff time
 - Managing volume of workload
- Program efficiency, capacity building, communication & breastfeeding issues

Lessons Learned

- Staff buy-in
- Technical support
- Evaluator at beginning of pilot
- Marketing to community (website)
- Make debriefings mandatory

Questions?

Thank You

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