CHNC Great Big News Join your community nursing colleagues for the CHNC Community Health Nursing Conference, May 27-29, 2019 in Saint John, NB!



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Calendar of Events

Please visit the link above for the full menu of coming events ... and if you know of other events that we've missed, please let us know!

Spring is sprung!

The winter really took hold across the country this year and I think even the most die-hard cold weather lover is ready for some flowers and warmer days.

This winter was full of hard work and well-earned accomplishments for your CHNC Board members and standing committees. A small taste of the things you'll find in this newsletter:

- Introduction of CHNC's new Executive Director
- Release of the new CHN Standards of Practice
- CHNC leadership in print! Article in the Canadian Journal of Nursing Leadership

Changes at CHNC

It is with mixed feelings that we announce the retirement of Joyce Fox as CHNC's Executive Director. Joyce has been with CHNC formally as Executive Director since 2016 but has been an active volunteer with CHNC for decades. Some of Joyce's accomplishments include being parliamentarian at CHNC AGMs, contributing to CHNC becoming a Centre of Excellence, participating on development of Certification exams, revision of the National Standards of Practice, and the recent article published in The Canadian Journal of Nursing Leadership about CHNC, *Three Decades of Professional Nursing Leadership: The Impact of the Community Health Nurses of Canada.* Joyce also led the development of CHNC's 30th anniversary commemorative book: *Caring and Connecting: Touching the Lives of Canadians through Community Health Nursing.*

Congratulations to Joyce on her distinguished and successful community health nursing career. On behalf CHNC, we thank you for your contributions and wish you continued health, happiness and fulfillment of all your dreams in your retirement.

CHNC appoints a new Executive Director

CHNC is delighted to announce the appointment of Dr. Anthony Lombardo as our new Executive Director. Anthony holds a Bachelor (Honours) and Master of Arts degrees in sociology from McMaster University and a doctorate in community health from the Dalla Lana School of Public Health at University of Toronto. He has been managing national non-profit and charitable professional associations in the health and social services since 2005, including several nursing specialty organizations. These responsibilities have included all aspects of organizational management and operations in roles that include both manager and Executive Director. Anthony is also passionate about the social determinants of health and healthy public policy advocacy. He teaches about determinants of health, healthcare, population and urban health at University of Toronto. Please join us in welcoming Anthony to the CHNC team.

New CNSA Board Representative

CHNC also extends a warm welcome to **Jessica Guthier**, the incoming Community and Public Health Chair for Canadian Nursing Students Association (CNSA). Jessica is a second year nursing student at Thompson Rivers University in Kamloops, BC, whose interest in community health stems from a conference where she learned of bridging the gap between healthcare and marginalized populations. Since then, Jessica has been interested in learning about social and structural determinants of health and becoming involved in health advocacy and leadership. Welcome Jessica! We look forward to working with you.

CHNC Annual Conference

On **May 27 - 29, 2019**, CHNC will host our Annual National Conference, "*Harnessing the Power of Community Health Nursing*", at the beautiful harbourfront Hilton Trade and Convention Centre in Saint John, NB. We are looking forward to key note presentations from Richard Booth and Dr. Andrea Chircop of Dalhousie University (see more information here) and a panel discussion on the opioid crisis featuring the perspectives of a community health nurse, a correction nurse, a nurse from



Toronto Public Health harm reduction, and a nurse practitioner from Halifax's mental health street outreach mobile clinic.

The conference attracts nurses from public health, home health and other areas of Community Health Nursing who are working in direct practice, administration, research, policy or educational fields.

Attend the pre-conference workshops on May 27th, and gain insights on System Transformation, Indigenous Nursing Knowledge and much more. Our two-day conference program presents valuable research content, tools and techniques for the improvement of our ongoing practices. Our sponsored exhibits will also offer an opportunity to learn directly from those offering goods and services relevant to your practice.

For more information about the Conference, visit our <u>webpage</u>, and register <u>here</u>! And watch the <u>CHNC website</u> and our <u>Facebook</u> and <u>Twitter</u> pages for more information!

Reports from P/Ts and Standing Committees:

Each of your Board members chairs and/or serves on one of the eight Standing Committees that move the work of CHNC forward. Click <u>here</u> for a description of the Standing Committees, and get a sense of the broad range of the work that we do for community health nursing in Canada.

CHNC Governance Standing Committee

The following CHNC policies slated for review in 2019 were reviewed, edited and reconfirmed by the Governance Standing Committee and Executive Director in January 2019:

- BRD-GOV-005 Board Documents
- BRD-GOV-011 Board Governance
- BRD-COM-020 Privacy Policy

All the CHNC policies and by-laws are available to the members on the CHNC web-site here.

Standards and Competencies Committee

<u>CHN Leadership Institute</u>: CHNC approved the restructuring of their Standing Committees. The Community Health Nursing Leadership Institute, formerly a subcommittee to the Standards and Competencies Standing Committee will become a Standing Committee at the end of June.

Webinars:

 Public Health Leadership Competences Network held a successful webinar titled Applying Leadership Competencies into Public Health Practice hosted by CPHA on Feb. 27, 2019 for public health practitioners. See the YouTube link https://youtu.be/wFiphvR4FsQ. 2. The CHN Leadership Institute will host their first CNA hosted Leadership Series: System Transformation on April 23 from 12-1:00 pm EST. Dr. Josephine Etowa is the guest speaker. The Leadership series will continue in the fall.

<u>Leadership Mentoring Program</u>: The pilot CHN Leadership Institute mentoring program is underway. The results of the pilot will be shared at the 2019 National CHN Conference. If you are interested in leadership development or being a mentor, contact Ruth Schofield atschofir@mcmaster.ca.

CHNC Board and Executive Nominations

At the Annual General Meeting in Saint John, the Board will fill the following positions due for election in 2019:

- Communications Officer,
- Provincial/territorial representatives for PEI, NS, Yukon, NB and Ontario.

Please consider participating in the important work of the Board and Executive! You can find out more about the positions <u>here</u>. If you are interested in letting your name stand, please contact our Executive Director at ed.chnc@gmail.com.

Publications:

Nursing Leadership

In March, the Canadian Journal of Nursing Leadership focused on nursing leadership, and featured a manuscript developed by past and present CHNC leadership called "Three Decades of Professional Nursing Leadership: The Impact of the Community Health Nurses of Canada." This article documents the significant achievements over the past thirty years through the leadership of the CHNC volunteer members. The article can be found on the Longwoods.com site. The full table of contents for this issue is found here.

Revised CHN Standards of Practice

The big news of the winter ... CHNC has revised our National Standards of Practice!

Standards of Practice define the scope and depth of community health nursing practice in Canada. The revision process involved a scoping review of literature, focus groups and modified Delphi Method. Lead by the CHNC Standards Revision Advisory Committee and the Standards and Competency Standing Committee, several workgroups and almost 500 community health nurses from across Canada participated in the process.

Along with a new standard (Evidence Informed Practice) and renaming the Access and Equity standard to be the Health Equity standard there are new practice expectations for:

- Cultural safety
- Cultural humility
- Indigenous ways of knowing
- Levels of prevention
- Disease management
- Critical appraisal
- Knowledge translation
- Interprofessional competencies
- Quality improvement

The new CHNC Standards include:

- 1. Health Promotion
- 2. Prevention and Health Protection
- 3. Health Maintenance, Restoration and Palliation
- 4. Professional Relationships
- 5. Capacity Building
- 6. Health Equity (new name)
- 7. Evidenced Informed Practice (new Standard)
- 8. Professional Responsibility and accountability

COMMUNITY BEALTH NURSES OF CANADA CANADIAN COMMUNITY HEALTH NURSING PROFESSIONAL PRACTICE MODEL & STANDARDS OF PRACTICE

The Standards will be officially launched at the conference in Saint John NB in June. A one page description of the changes is available on the CHNC site <u>here</u>.

Soon they will be available for view on the CHNC website. As well, you can purchase a print copy or a PDF download of the document.

Certification Exam

Care to be the best! CCHN(c) certification provides official recognition by nursing colleagues and health system stakeholders of the unique community practice focus and that certified nurses are qualified, competent, and current in the practice of community health nursing. The official designation letters, CCHN(c), are engraved on the pin provided to candidates who have successfully passed the rigorous national practice and knowledge requirements of the certification exam. CHNC encourages you to wear your pin with pride.

2019 CNA Certification Application Information

Save 20% on your CNA Certification! If you are a current member or become a member of CHNC and are writing or renewing your certification, email ellenobrien1967@gmail.com to obtain the voucher code for 20% off.

Find out more about CHN certification on the CHNC website here.

Facebook "Like" and Comment Winner!

The results are in ... the winner of a 2019 membership to CHNC in our February "like and comment" contest is **Karen Campbell!**

Congratulations Karen and thank you so much for your clear interest in community health nursing issues and engagement on our Facebook page. And a huge thank you to those of you who also enthusiastically participated - keep those likes and comments coming!

Social media presence expands!

Are you a social media maven? Facebook and Twitter your comfort zone? Well, come and check us out <u>here</u> on Instagram and tag us at #CHNC-IISCC!

National Nursing Week 2019

National Nursing Week is May 7-13, and the theme is **Nurses: A Voice to Lead.** The week draws attention to nurses, increasing the awareness of the public, policy-makers and governments of the many contributions of all aspects of nursing to the well-being of Canadians. Community Health Nurses (CHNs) are all leaders in their communities as they uphold the principles of justice and advocate for human rights, health equity, fairness and public good. CHNs truly <u>do</u> make a real impact on the lives of all Canadians by being the *voice to lead.*

Mark your calendars and head to CHNC's Facebook page to post your National Nursing Week activities and photos with the hashtag #CHNC-IISCC!

"Community Health Nurses: Leaders for a Healthy Canada"

If you have any success stories and news to share with other Community Health Nurses please contact: Kate Thompson, BScN, MSc, CCHN(c) Communications Officer Community Health Nurses of Canada (CHNC) k8thompson@rogers.com When you registered as a CHNC member you consented to receiving correspondence from CHNC. If you wish to no longer receive this newsletter please contact info@chnc.ca