



First Nations, Inuit
& Métis Program

SE Health

June 26, 2018

J



Presentation Outline

- About SE
- About the SE First Nations, Inuit and Métis Program (SE FNIMP) and offerings relevant to nurses
- Introduction and on-line demonstration of the:
 - SE FNIMP Website
 - @YourSide Colleague
 - Opportunity to Gain an Account



About SE

Saint Elizabeth has been a trusted name in Canadian health care for more than a century and is a leader in responding to client, family and health care system needs.



Saint Elizabeth Health Care
1908 **100** 2008
Ahead by a Century

The Work We Do

- Clinical Care Services
- Personal Supportive Care Services
- Educational Services



Where We Serve

Our services are offered to communities and clients:



In their homes



In School Programs



In Hospitals



Through Community Response
Crisis Teams



In Supportive Housing
Developments &
Hospices



Through the Driver
Assessment Program



The Saint Elizabeth Foundation

Three Key Areas of Focus:

- Community & Caregiver Support program provides respite for caregivers with limited financial resources
- **First Nations, Inuit and Métis Program**
- Developing partnerships with corporate donors to support special projects.





Working together with First Nations, Inuit, and Métis communities to share knowledge and build health and wellbeing solutions.



Reach of the Program



- Knowledge Sharing, Community Mobilization and Action Based Research
- The program reaches more than **610** First Nations communities and organizations and over **2730** health care professionals from coast to coast.
- The program is supported by the Saint Elizabeth Foundation



SE - FNIM Program

01

SE Learning

Knowledge Sharing

Education programs and Health Career College vocational and professional development programs that support FNIM communities to grow knowledge and skills.

02

SE Community Engagement

Mobilizing Communities

Action Based Research and Mobilization Projects that support community driven solutions.

03

SE Advisory Services

Building Solutions

Advisory services to analyze, recommend, and implement solutions with and for FNIM communities that support capacity and improve access to care.



SE Learning – For FNIM

SE Learning

SE Community
Engagement

SE Advisory
Services

- *Designed to meet the ongoing education and training needs of community health care providers in convenient, practical and cost-effective ways. We have a unique capability to transfer our expertise through internal customized education development.*



CUSTOM LEARNING

Customized education programs developed with and for FNIM communities.



ESSENTIAL LEARNING

Ready-to-deliver healthcare education programs for FNIM available in virtual, in-person, and blended methods.



CAREER COLLEGE

Vocational programs and professional development programs for health care workers in FNIM communities.



SE Learning

SE Learning

SE Community
Engagement

SE Advisory
Services



ESSENTIAL LEARNING - Foundation FNIM Courses

Ready to deliver FNIM courses offered free of charge, funded by our Foundation.

We are an accredited member institution of la SOFEDUC (The Society for Training and Continuing Education) and Indigenous Certification Board of Canada.



eLearning courses:

- 14 eLearning courses developed with and for healthcare providers working in FNIM Communities
- Delivered through award winning eLearning platform @YourSide Colleague™



Webinars:

- eLearning events delivered to community health care providers virtually across Canada

Sample of Topics

- ✓ Palliative Care
- ✓ Diabetes Care
- ✓ Cancer Care
- ✓ Wound Care
- ✓ Trauma Informed Care
- ✓ Infection Prevention & Control
- ✓ Food Sovereignty
- ✓ Elder Care



SE Learning

SE Learning

SE Community Engagement

SE Advisory Services



ESSENTIAL LEARNING – Full Library

Explore our full library of comprehensive, quality clinical and non-clinical courses available for purchase.

01 CLINICAL

- ✓ Chronic Disease Management
 - ✓ Infusion Therapy
 - ✓ Gerontology Care
 - ✓ Pharmacology
 - ✓ **And more!**

02 NON-CLINICAL

- ✓ Violence in the workplace
- ✓ Therapeutic relationships
 - ✓ Conflict management
 - ✓ Leadership
 - ✓ WHMIS
 - ✓ **And more!**

03 PT & FAMILY

- ✓ Person & Family centered care
 - ✓ Supporting natural caregivers
- ✓ Facilitation techniques
 - ✓ **And more!**

Over 400 courses and programs in our...



SE Learning

SE Learning

SE Community
Engagement

SE Advisory
Services



ESSENTIAL LEARNING

Delivery Methods



SE Learning

SE Learning

SE Community Engagement

SE Advisory Services



CAREER COLLEGE

A network of regulated and registered not-for-profit vocational schools that focus exclusively on health education.



Vocational Programs

Primary focus on unregulated health care providers



Professional Development & Certificate Programs

- ✓ Individualized learning support
- ✓ Culturally safe education
- ✓ State of the art learning and clinical training facilities
- ✓ Accredited by the Ministry of Advanced Education in BC
- ✓ Registered and approved by the Ministry of Training Colleges and Universities in Ontario



SE Learning

Health Career College

SE Learning

SE Community
Engagement

SE Advisory
Services

Vocational Programs



BRITISH COLUMBIA

- Health Care Assistant (HCA) Diploma (IP/B)
- Enriched ESL-HCA program
- Intro to Practice (V)
- Nursing and Community Assessment (V)
- Continuing Companion Aide



ONTARIO

- Personal Support Worker (PSW) Certificate Program
- PSW Bridging Program



FIRST NATIONS

- First Nations PSW/HCA (B)
- First Nations Community Health Representative (CHR) (B)



SE Learning

Health Career College

➤ Professional Development & Certificate Programs

College certification available for in-person training programs:

Palliative Care

Refresher PSW/HCA

Wound Care

Elder Care

And much more!

SE Learning Proven Impact

SE Learning

SE Community
Engagement

SE Advisory
Services

- ✓ Over **3,000** health care providers logged over **40,000 hours** of eLearning annually
- ✓ In person education delivered to over **125** communities
- ✓ **395** webinars delivered to over **4,500** people
- ✓ Supported more than **240** health care providers to become Certified Diabetes Educators

100%

of HCPs report
increase in skills
and confidence

70%

Of FNIM
communities
reached



SE Community Engagement

SE Learning

SE Community
Engagement

SE Advisory
Services

Community mobilization projects and action based research to bring FNIM communities together to share experiences, create resources, and provide meaningful insights to health and wellbeing initiatives.

PROJECTS

1. *Dialogue and Story Work Project*

Improve the outcomes of First Nations, Inuit, and Métis patients during the cancer journey; increase available knowledge for oncology care providers

2. *A National Picture Project*

Gather and disseminate knowledge of cancer experience from the perspectives of women in diverse Canadian communities

3. *First Nations Wait Times Guarantee*

Establish and implement a wait times guarantee for the prevention, treatment and care of diabetic foot ulcers in Manitoba First Nation communities

4. *Caregiver's Project*

Working in partnership with First Nation communities to better understand and support the needs of formal and natural caregivers



SE Community Engagement

SE Learning

SE Community Engagement

SE Advisory Services

METHODS

Story Telling

Building upon the power of sharing stories in keeping with oral traditions to help reveal underlying values, beliefs, hopes and needs of individuals, families, caregivers and providers.

Sharing Sessions

Utilizing a strength-based and solution-focused approach to create a safe space for dialogue. Community members can openly voice their concerns and identify opportunities that can support and enhance their health and well-being.

Creative Arts

Participants are provided tools to visually and creatively capture their experiences through media and arts, including: photo, journaling, cultural arts, cultural crafts

Interviews

Individual and group interviews with discussion guides and supplementary materials to gather meaningful insight into the experiences of FNIM cancer survivors, their families, and caregivers.



SE Community Engagement

SE Learning

SE Community
Engagement

SE Advisory
Services

➤ APPROACH

Community Mobilization Project

- ✓ Meaningful community engagement - support communities to share their challenges and take action on their solutions
- ✓ Leveraging community champions to: enable us to better understand community protocols and accepted practices
- ✓ Leverage reputation as a trusted partner and collaborator to bring new projects and opportunities to communities

Action Based Research

- ✓ Incorporating Indigenous methodologies
- ✓ Engagement with First Nations Information Governance structures
- ✓ Honoring the principles of Ownership, Control, Access and Possession
- ✓ Community driven processes including participant ownership through editing and validation



SE Advisory Services



SE's interprofessional team of clinical and strategy experts are experienced in helping organizations and communities evaluate gaps in current state of care and provide recommendations on solutions to improve access, performance, and experience.



Design

- Service Delivery Models
- Tools & Processes



Human Capital

- Capacity Consulting
- Coaching & Mentorship
- Education Planning



Operations

- Evaluations & Reviews
- Standards, Policies and Procedures
- Practice Support Resources



What is @YourSide Colleague

A secure web-based learning and knowledge sharing program...

- ❖ On-line learning courses that reflect the latest evidence and best practices
- ❖ Offers around-the-clock access to a virtual support network of peers and experts

Built on collective wisdom and collaboration

- ❖ Enhances quality of care at a local level
- ❖ Recognizes learning achievements through certificates and virtual celebrations

*All courses through @YourSide Colleague
are provided at **FREE OF CHARGE** to FNIM communities
and organizations*



Professional Development and Educational Opportunities

14 on-line courses on topics such as:

- Cancer Care (Includes topic: Understanding First Nations Cancer Pathways)
- Cardiac Care
- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes Circle of Care
- Elder Care (Recognized as Leading Model)
- Infection Prevention and Control Trauma Informed Relationships: Building Safety and Trust Course (Accredited by ICBOC)
- Privacy of Health Information Security
- Wound Management



First Nations Elder Care Course

- Released in January 2013
- French Course Launched in August 2015

• Developed under the direction of the FNIM Elder's Network

• Developed with and for First Nations

• Structured around the components of the medicine wheel to reinforce the importance of wholistic client care

Part 1 - First Nations Elders

RESOURCE LIBRARY | GLOSSARY | ABOUT THIS COURSE | HELP

Saint Elizabeth
Well beyond health care

Table of Contents

- Welcome
- ▶ Topic 1: Role of an Elder
- ▶ Topic 2: Cultural Knowledge
- ▶ Topic 3: Historical and Intergenerational Trauma
- Next Steps

Part 1: First Nations Elders

Information covered in this section includes:

- Role of an Elder
- Cultural Knowledge
- Historical and Intergenerational Trauma

@YourSide Colleague*

BACK NEXT

First Nations Trauma Course

EXIT

RESOURCE LIBRARY | ABOUT THIS COURSE | HELP

Trauma Informed Relationships Part 1

Saint Elizabeth
Well beyond health care
Klinik
Community Health Centre

Table of Contents

- Trauma Informed Relationships
 - ▶ Welcome!
 - Trauma and First Nations
 - First Nations Communities
 - Your Learning Path
 - Course Audience
 - Course Contributors
- ▶ Preparing for the Journey
- ▶ Topic 1: Introduction to Trauma
- ▶ Topic 2: Trauma and First Nations, Métis and
- ▶ Topic 3: The Continuum of Trauma
- ▶ Topic 4: The Impact of Trauma on Children and

Next Steps

Welcome to the Course!



The Trauma Informed Relationships: Building Safety and Trust course was developed in partnership between [Klinik Community Health Centre](#) and [Saint Elizabeth](#) with funding from the First Nations Inuit Health Branch, Health Canada.

Psychological trauma is a complex issue. The goal of the course is to provide a good overview of important concepts that will be most helpful to you as you go about developing safe, compassionate, trusting and supportive trauma informed relationships with clients/patients/residents, co-workers, family, and friends.

Disclaimer: This course will help you understand the needs and vulnerabilities of people affected by psychological trauma. However, it is important to keep in mind that this course is not intended to turn you into a trauma specialist, trauma counsellor and/or assume responsibilities that are beyond your comfort level, training or job description.



@YourSide Colleague®

SLIDE 2 OF 65 | CLICK NEXT TO ADVANCE | 00:05 / 00:05

BACK NEXT

Trauma Course- Accredited

- The Trauma Informed Relationships: Building Safety and Trust course is accredited by the Indigenous Certification Board Of Canada (ICBOC) (formerly the First Nations Wellness/Addictions Counsellor Certification Board)
- This certification recognizes the skills of workers who bring change at individual, family and special group level in their effort to reduce the risk of chemical addictions.
- To learn more about ICBOC certification in prevention visit the FNWACCB website at: <http://icboc.ca/certification/list-of-certifications/>



Updated! Benefits of Physical Activity- Storyline Resource

The goal of this initiative is to encourage the use of the **Canadian Physical Activity Guidelines** in all First Nations, Inuit and Metis community-based programs, through the development and sharing of culturally relevant messages with community health and recreation workers.

This resource is meant for a national audience, and will be used in rural, remote, isolated and urban settings. This resource has been designed to reflect the diversity of available recreational infrastructures across all settings.

A theme woven throughout the resource is that of traditional, land-based activities and a wholistic approach to the benefits of physical activity.



Infection Prevention and Control

The screenshot shows the introduction page of an online course. On the left is a sidebar with the Saint Elizabeth logo and a table of contents. The main content area features the course title, a 'No Germs' graphic, and logos for the First Nations, Inuit & Métis Program and Saint Elizabeth.

Saint Elizabeth
Well beyond health care

Table of Contents

- Introduction
- Welcome to the IPC Course
- Supplementary Resources
- Everyone has a Role to Play in IPC
- Disclaimer

Introduction Glossary

First Nations, Inuit & Métis Program

Saint Elizabeth
Well beyond health care

Infection Prevention and Control Course

The graphic shows several green, multi-lobed germs with angry faces and small arms, clustered together and overlaid on a red circle with a diagonal slash through it, representing a prohibition or 'no germs' sign.



Infection Prevention and Control Course

Saint Elizabeth First Nations, Inuit and Métis Program



Getting Started/Introduction ▾

Getting Started/Introduction

This course will provide you with a basic understanding of infection prevention and control. After completing this course, you will be better able to prevent or stop the spread of infection.

Module 1 is to be completed by all learners. Before you begin this module click [here](#) to complete the Pre-test.

Based on your role, the modules applicable to you (2, 3, or 4 or all) will appear under My Modules. Select your role and begin your learning journey:

Health Directors and Nurse Managers: Modules 1 and 2. Before you begin Module

My Modules ▾

📌 Bookmarks 📄 Recently Visited

📁 Introduction

📁 Module 1

📁 Module 2

📁 Module 3

📁 Module 4

Our Newest Courses!

- First Nations Cardiac Care Course (November 2017)
- First Nations Privacy of Health Information and Security Course (January 2018)



Caregiver Education and Support Program Project



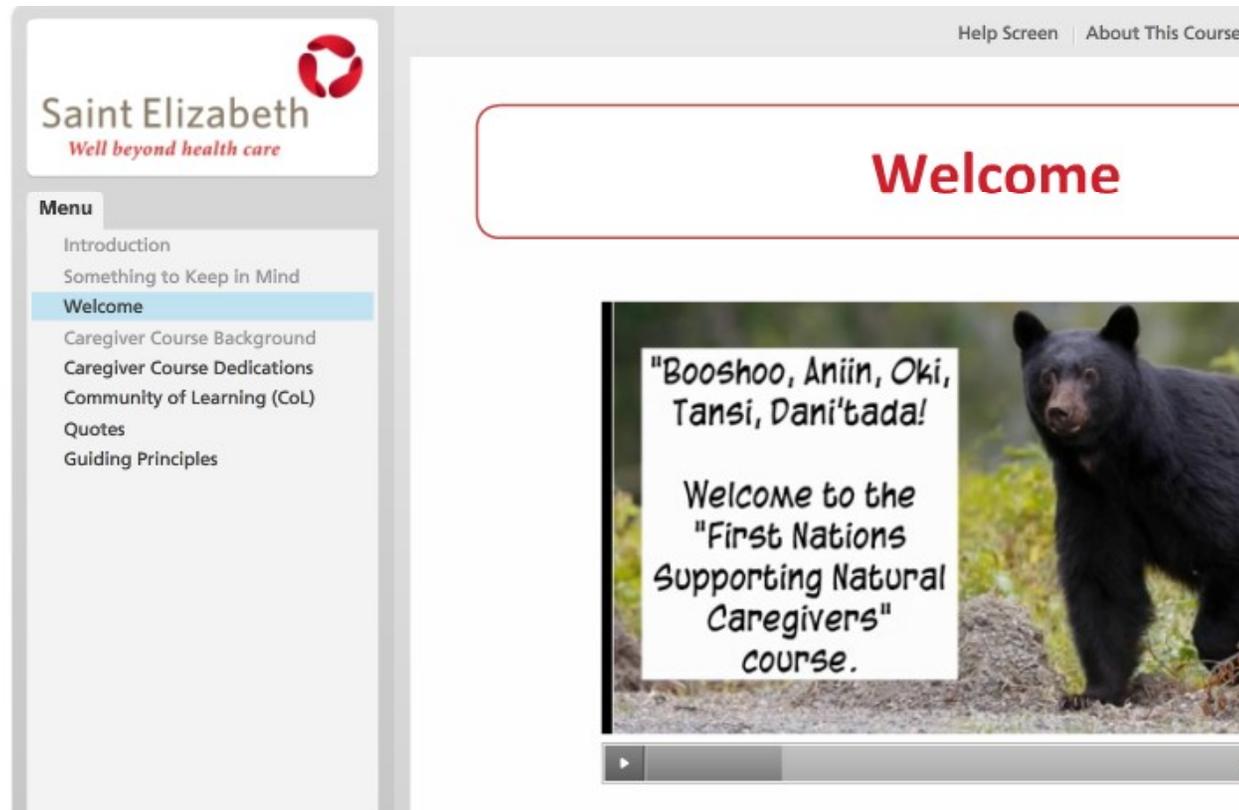
Goal and Strategies:

To provide knowledge and resources to community-based health care providers so they can confidently provide caregiver education and support to caregivers within their own communities.



Outcome

- Development of the First Nations Supporting Natural Caregivers Course (Completed and Launched in June 2015)



The screenshot displays the course interface for Saint Elizabeth. The top right corner contains links for "Help Screen" and "About This Course". The main content area features a large "Welcome" message in a red-bordered box. Below this is a video player showing a black bear in a forest. The video frame contains the following text:

"Booshoo, Aniin, Oki,
Tansi, Dani'tada!
Welcome to the
"First Nations
Supporting Natural
Caregivers"
course.

The left sidebar includes the Saint Elizabeth logo and tagline "Well beyond health care", followed by a "Menu" section with the following items: Introduction, Something to Keep in Mind, Welcome (highlighted), Caregiver Course Background, Caregiver Course Dedications, Community of Learning (CoL), Quotes, and Guiding Principles.

Getting Started/Introduction

Welcome to the First Nations Supporting Natural Caregivers Course

This course was developed with and for First Nations to assist health providers in providing education and supports to natural caregivers communities.

This course is divided into 3 parts:

Part 1: Understanding Natural Caregivers

- Topic 1- Roles of Natural Caregivers
- Topic 2- Cultural Knowledge
- Topic 3- Caregiving, First Nations, and the Social Determinants
- Topic 4- Supporting Natural Caregivers with Wholistic Approaches
- Topic 5- Caring for the Natural Caregiver

Part 2: Education Supports for Natural Caregivers

- Topic 6: Identifying Education Needs for Natural Caregivers
- Topic 7: Education Resources for Natural Caregivers

Part 3: Developing or Enhancing a Natural Caregiver Education and



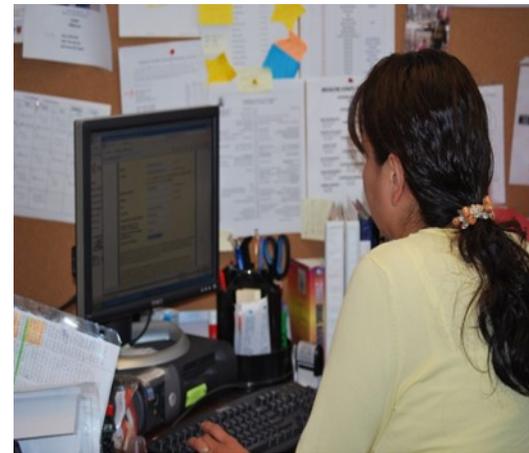
E-Learning Events

Format

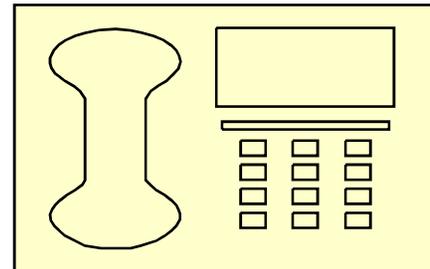
Platform:

- Internet
- GoTo Training

*Recording of live event capability

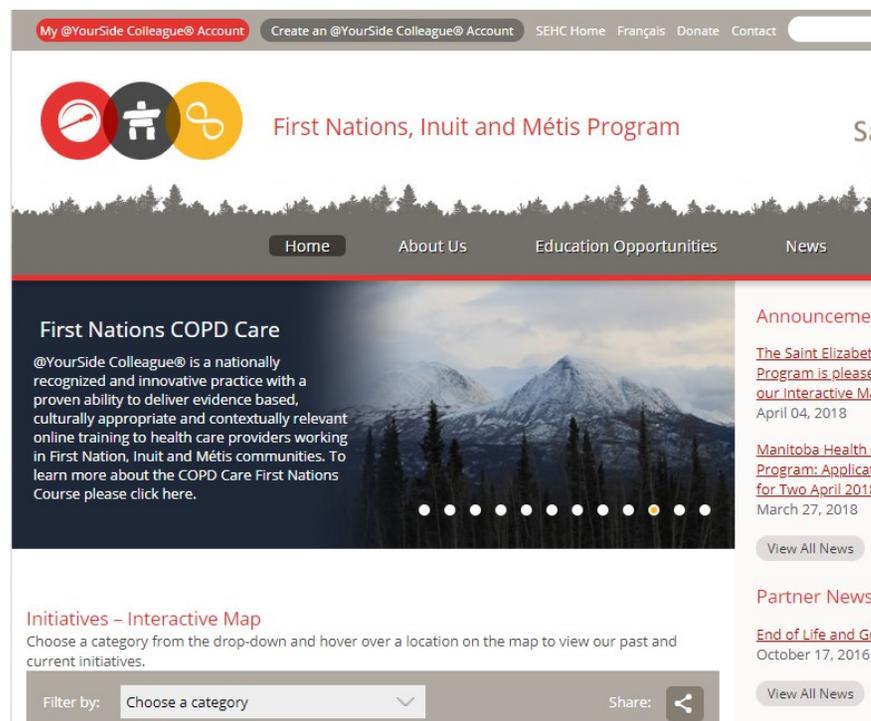


- Teleconference
- Toll Free or VOIP



Upcoming e-Learning Events

- Others- watch for upcoming webinar announcements via e-blasts or on our website



On-Line Demonstration

- SE FNIMP Website

<https://www.saintelizabeth.com/FNIM/Home.aspx>

- @Yourside Colleague

- Gaining and Account
- Login using your username and password



Webinar Recordings

My Courses

- No Semester
 - Review Course
- FNIM/PNIM – English/anglais**
 - Benefits of Physical Activity
 - Dementia and Responsive Behaviours-Community of Learning
 - First Nations Cancer Care
 - First Nations COPD Care
 - First Nations Diabetes Circle of Care
 - First Nations Elder Care
 - Food Sovereignty and Food Security-Community of Learning
 - MB Enterostomal Therapy Project-Community of Learning
 - MB FNIHB Chronic Disease Training-Community of Learning
 - MB FNIHCC Orientation
 - Palliative Care
 - Personal Support Worker Program
 - The Psychosocial Aspects of Chronic Disease-Community of Learning
 - Trauma Informed Relationships Building Safety and Trust
 - Wound Management
- FNIM/PNIM – Français/French**
 - Le Cercle de soins du diabète
 - Les aspects psychosociaux de la maladie chronique
 - Soins du cancer

Announcements

Important note: Certificate of Completion

Posted Aug 20, 2014 11:20 AM

Certificate save function only works in Chrome and Internet explorer browser versions 10 or higher. To print the certificate, please save it first to your computer in PDF format by clicking the save button below the certificate and print from the PDF file. If you are having trouble, please contact JodieDupas@saintelizabeth.com

*Please Note: you are not required to save or print your certificates – they will always be available in your account.

Show All News Items

E-Learning Events / Recorded Education Sessions

[Recorded Education Sessions](#)



To watch an archived video of a webinar/videoconference:

1. Once the webinar/videoconference has been aired, click on the "webinar/videoconference session you would like to watch.
2. A new window will open. You will be required to enter your name.

Click on any of the categories below to view the available webinars/videoconferences.

<u>Cancer</u>	<u>Cardiovascular</u>	<u>Caregiver</u>	<u>Chronic Disease</u>
<u>Elder Care</u>	<u>Mental Health and Wellness</u>	<u>Nutrition</u>	<u>Oral Health</u>
<u>Physical Activity</u>	<u>Respiratory</u>	<u>Tobacco Cessation</u>	

Check this page often for updates and new webinar/videoconference offerings.

If you have any questions, please email either JDupas@saintelizabeth.com, SuzanneStephenson@saintelizabeth.com or MarneyVermette@saintelizabeth.com.

Cancer

Training Opportunities



CDE Study Group

- Delivered by Education Services, Saint Elizabeth
- Facilitated by an Advanced Practice Consultant
- January – May (every year)
- 13-16 virtual study sessions to prepare participants for the CDE Certification Exam



On-line Certificate Course

Hospice & Palliative Care Certificate

→ [CONTINUE WITH: Course Tutorial](#)

- Welcome to the Course
 - Pre-Course Evaluation
This survey open in a new window. Please disable Pop-up Blocker to open the survey.
 - Course Tutorial
- Module 1
 - Considering Wholistic Approaches to Death and Dying
You must complete the first two activities to unlock this module. If you have completed both activities and this module is still locked, please refresh
- Module 2



On-line Certificate Course

- Cost: \$150
- 5 Modules
 1. Considering Wholistic Approaches to Death and Dying
 2. Part 1: Wholistic Support of the Dying Client
Part 2: Wholistic Support of the Dying Client
 3. Approaching Death
 4. Loss and Grief
 5. Advance Care Planning

Register at: <https://onlinetraining.saintelizabeth.com/?site=BC>



Lessons on Building and Maintaining Partnerships Project

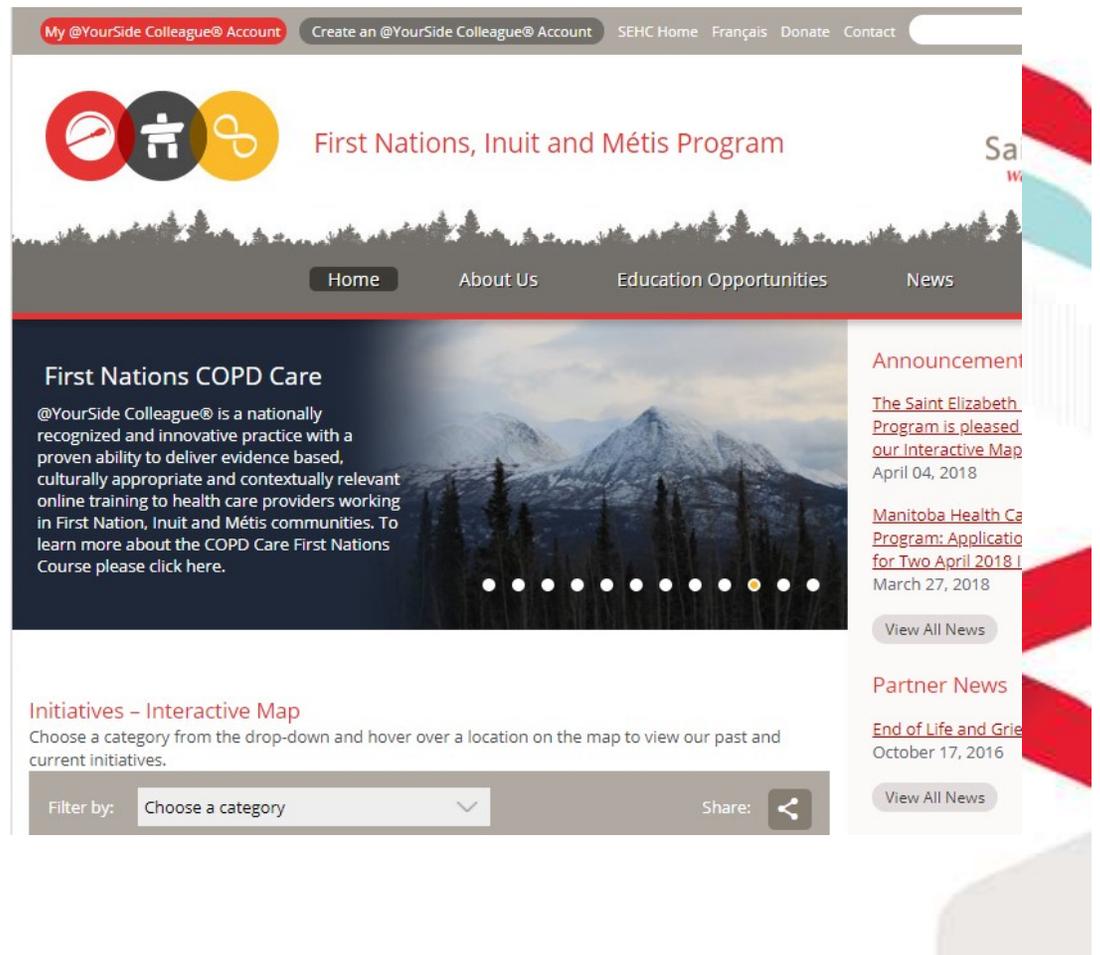
- Toolkit and CoP Developed
- (Made available Electronically on Oct 30th, 2015)



SE FNIMP Website

For further information about our program visit the FNIMP website at:

www.atyourside.ca/fnim/home



Gain an aYSC Account



**Saint Elizabeth First Nations,
Inuit and Métis Program**

Saint El
Well beyond

Easy as 1-2-3!

1. Visit www.saintelizabeth.com/fnim
2. Click on “Create an @YourSide Colleague Account”, at the top left of our website
3. Select “Canada – First Nations, Inuit and Métis”

Within just a few business days, your account information will be sent to you. Available at no cost to

If you have any questions or need assistance, please contact:

Suzanne Stephenson

Saint Elizabeth First Nations, Inuit and Métis Program Engagement Liaison

Toll Free: 1.800.463.1763 ext. 142971

SuzanneStephenson@saintelizabeth.com

Questions?



Contact

Melisa Spence
Program Manager

First Nations, Inuit and Métis Program

T. 204.632 .7076

BB. 204.293.0679

Email. melissaspence@saintelizabeth.com

- SE FNIM Program Website:
<http://www.saintelizabeth.com/fnim>

