



# Community Nurses Influencing Health Policy

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# The 5 Domains of Nursing



- Practice
- Administration
- Education
- Research
- Policy



## Policy Includes



- budgetary changes,
- legislative changes,
- regulatory changes, and
- legal actions.



# Policy Knowledge Encompasses



- Nursing theories,
- Sociology,
- Ethics,
- Human Resources
- Political science, and
- Economics

As they relate to nursing and health policy



# Significance of Policy



 Nurses in policy identify, critically analyze and evaluate laws, regulations, and policies at the institutional, local, provincial, and national levels that impact their patients, clients and residents, and the practice of nursing, and develop knowledge of the history, structure, and process of health policy making



## Context



- Political cycle is 4 years
  - Municipal, Provincial and Federal elections
- Ontario government transformation to stewardship
  - Local Health Integration Networks
  - **▶ New Ministry Structure**
- Nursing data and information is limited but improving
  - How many nurses will we need in 10 years?
  - What will nurses do in 10 years?



## Community Nurses Must Communicate and Demonstrate Nurses' Contributions



#### From the Traditional

- Describing tasks
- Nurses at the "bedside" 24/7
- Angels of Mercy
- Following orders
- Handmaiden

### To New Way

- Teaching, Navigating, Advocating
- Knowledge Workers
- Political Involvement
- Evidence Based Practice
- Educational Preparation
- Scope of Practice



#### **Good Evidence**



Does not necessarily equate to good policy





 Does not necessarily equate to getting it your way!

CANADA





#### THE PARTICIPATION LADDER

Have the final say

Give input and be at the table considering the options and making the final decision

Give input and hear how it was used

Give input; "be consulted"

Hear the options before the final decision is made

Be told the final decision





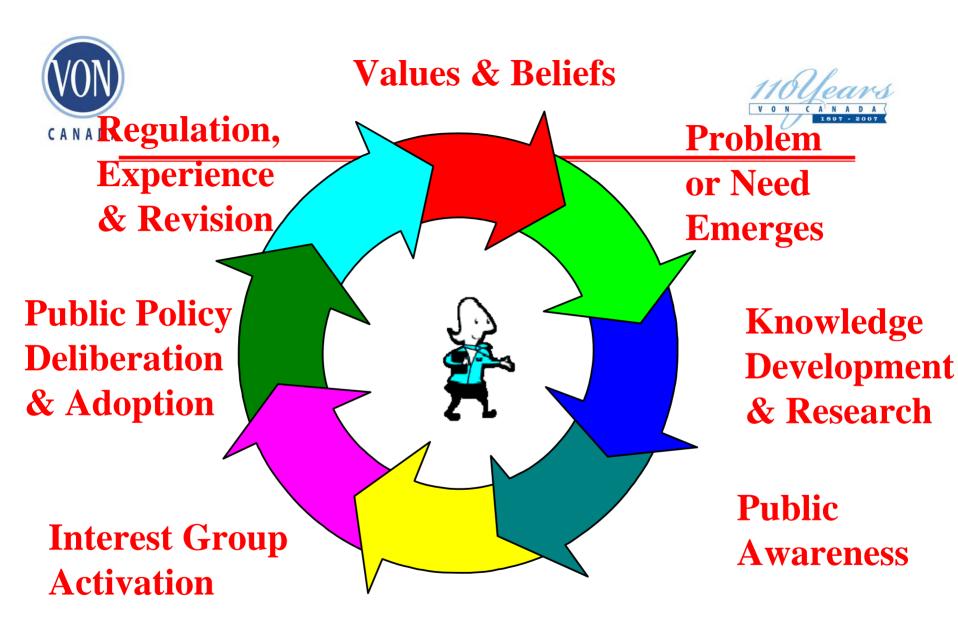


• From the person who can't tell you yes!





- Don't go too far, or you will annoy people
  - Militancy is not the best approach
  - If you challenge in an offensive way, you will not succeed
  - Evidence is your best friend



**Political Engagement** 







- Agenda Setting
- Policy Options Formulation
- Decision-Making
- Program Design and Implementation
- Evaluation
  - Sound familiar? (Nursing Process)



### Legislative and Regulatory Process



- Stakeholder engagement
- What is legislation versus regulation?
- What should be regulated/legislated?
   (Be careful what you wish for!)





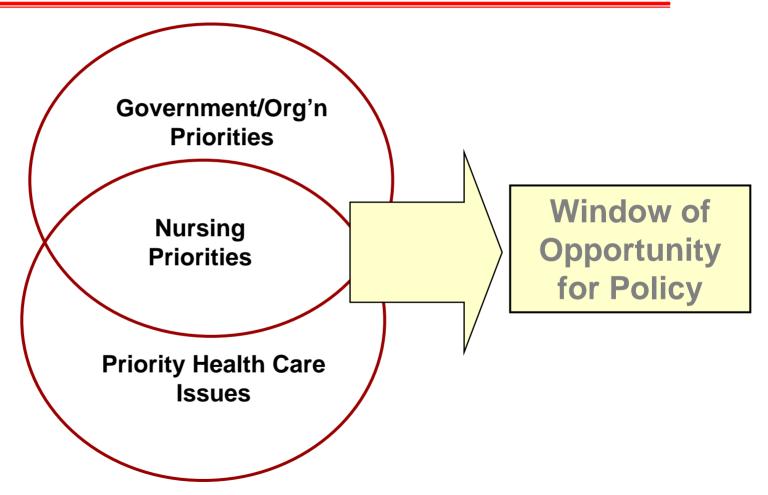


- Partnerships
- Mutual respect
- Vision (find common ground of vision for nursing profession)



# Linking Nursing Priorities with Government's Vision







#### Leadership in the 5th Domain



- Admit what you don't know
- Actively seek knowledge
- Be authentic
- Be self-confident
- Be able to live with uncertainty
- Be strategic
- Be diplomatic
- Build alliances





#### **Choose Your Battles!**





#### Moving to the 5th Domain

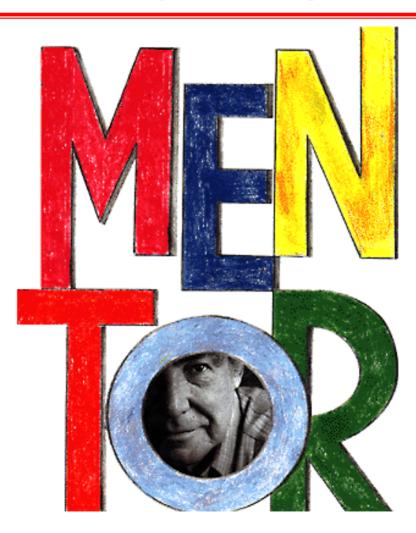


- Be familiar with the policy cycle
- Understand legislation and regulation for nursing
- Be patient there is always tomorrow
- Develop partnerships with key stakeholders
- Be aware of current nursing research
  - Use data and stories to back you up



## Presenting to Government the Need for Mentorship Fund in Community Nursing







## Politics is not Dirty Word!



140,000 Nurses in Ontario

1 in 70 voters is a nurse!

• How is your voice heard?



#### Be Empowered



- Be Aware
  - Knowledge of current issues and the policy process (know the big picture)
- Be Involved Spheres of political influence
  - Workplace
  - Professional Associations (RPNAO)
  - Community
  - Government (political and bureaucratic levels)
  - Opposition
- Communicate effectively using facts and evidence
- Avoid tribalism





It's not the going out of the port, but the coming in, that defines the success of a journey... Henry Ward Beecher