

TOOLKIT FOR NURSES IN SCHOOL HEALTH PROMOTION

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CHN School Practice Intervention Framework

Health
Promotion

Restoration

Protection

Health Promotion Definition:

“The process of enabling people to increase control over the determinants of health and thereby improve their health” (World Health Organization, 1986)

Intervention Framework

Strategies to address the health determinants:

- Strengthening Community Action
- Build Healthy Public Policy
- Create Supportive Environments
- Develop Personal Skills
- Reorient Health Services



A community development approach to health promotion offers the opportunity for all school community stakeholders to participate in activities to improve the health of the school community

Why this approach?

- Provides a comprehensive picture of the community through assessment and consultation
- Collaboration and partnership development
- Role of the nurse as a facilitator
- Community networks
- Provides a common language with partners
- Builds capacity of community
- Based on CCHN Standards of Practice

Community Development Model

1. Community Assessment and Key Findings
2. Community Consultation
3. Consensus Building / Setting Priorities
4. Forming the Group
5. Networking and Building on Community Resources
6. Action Plan and Implementation
7. Critical Reflection and Evaluation

Community Assessment

- Define and describe the community
- Create a comprehensive picture
- Tools
 - Information Collection Tool
 - Key Findings
 - School and Community Profile
 - Demographics

Community Consultation

- Consult with the community to understand the assets and issues
- Validate assessment data
- Identification of leaders, champions and stakeholders
- Tools
 - Interview guidelines for individuals and groups
 - Contact list
 - Summary report of consultations

Forming a Group

- Community members who share a common vision
- Sense of readiness to collaborate
- Tools
 - Community Collaboration Progress
 - Terms of Reference
 - Vision
 - Assess effectiveness of collaboration and group processes

Build Consensus with Community on Priority Issues

- Consensus building to select and issue and strategy
- Everyone supports the decision
- Tools
 - Checklist for consensus building
 - ICA (Institute of Cultural Affairs) group consensus workshop methods
 - Ground rules/conversation guidelines
 - Conflict resolution

Networking and Building Community Resources

- Who else and what else do we need to move this forward?
- Tools
 - Network mapping guide
 - Resource inventory captured in the action plan

Action Plan and Implementation

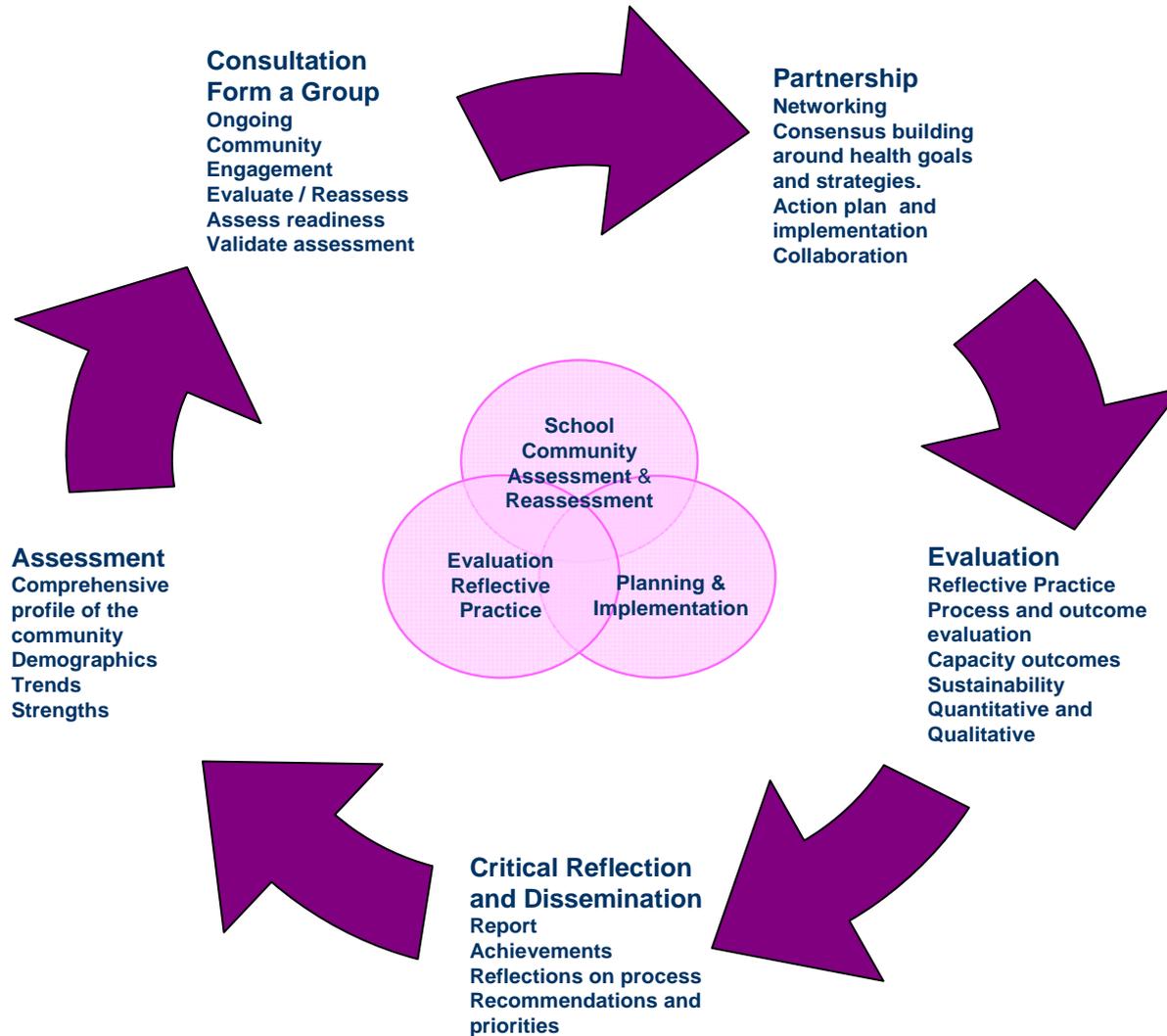
- Creates a long term framework for decision making and action
- Identifies objectives and actions that can be measured over time
- Tools
 - School Community Health Action Plan
 - Group Membership List

Evaluation and Critical Reflection

- Integral to all the processes
- It's about the process as well as the outcome
- Qualitative and quantitative
- Tools
 - Community Development Processes and Indicators of School Health Promotion
 - Tools continue to evolve

Nursing Process and Health Promotion Practice

- The Community Development Model reflects the Nursing Process
- The processes are ongoing, dynamic and evolving
- Need to capture “practice based evidence as well as evidence based practice”



Reflections

- Transferable to other focused practice – well child team or a generalist practice
- Change in role expectations for CHN's
- Task to Process
- Piloted and authored by CHN's
- Continually revised and refined – Evaluation
- Takes Time and Patience

Contact Information

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