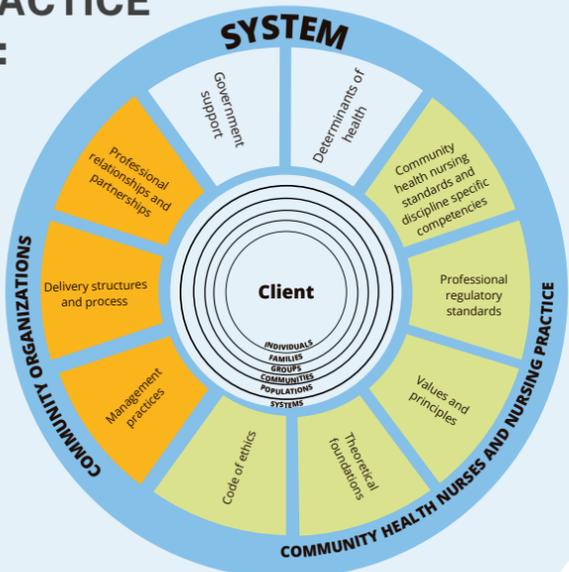


THE PRACTICE MODEL:



STANDARDS OF PRACTICE

Community Health Nurses of Canada  
 COMMUNITY HEALTH NURSES OF CANADA  INFIRMIÈRES ET INFIRMIERS EN SANTÉ COMMUNAUTAIRE DU CANADA

1. Health promotion

Community health nurses integrate health promotion into practice using the five **Ottawa charter** health promotion strategies;

- build healthy public policy
- create supportive environments
- strengthen community actions
- develop personal skills
- reorient health services

ADVOCATE

2. Prevention and health protection

Community health nurses use the **socio-ecological model** to integrate prevention and health protection activities into practice.

think upstream...

3. Health maintenance

Community health nurses integrate health maintenance, restoration and palliation into their practice to maintain maximum function, improve health, and support life transitions including acute, chronic, or terminal illness, and end of life.

4. Professional relationships

Community health nurses work with others to **establish, build and nurture** professional and therapeutic relationships. These relationships include optimizing participation, and self-determination of the client.

self determination

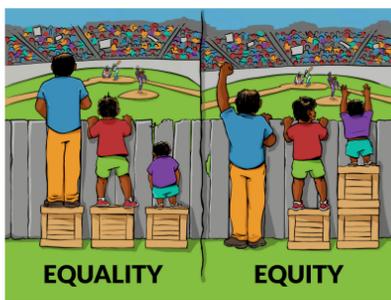
5. Capacity building

Community health nurses partner with the client to promote capacity.

The focus is to recognize barriers to health and to mobilize and build on existing **strengths**.

HEALTH EQUITY

Community health nurses recognize the impacts of the determinants of health, and incorporate actions into their practice such as advocating for healthy public policy. The focus is to advance health equity at an **individual** and **societal** level.



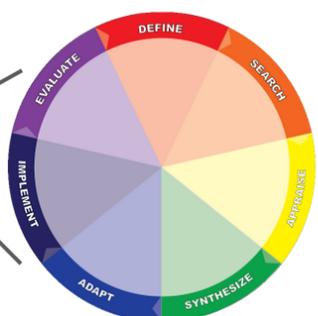
social justice

6.



7. Evidence-informed practice

Community health nurses use **best evidence** to guide nursing practice and support clients in making informed decisions.



Click [here](#) for more on Evidence-Informed Decision Making.

8. Professional responsibility & accountability

Community health nurses demonstrate professional responsibility and accountability as a fundamental component of their autonomous practice.

ethics

References:

Community Health Nurses of Canada. (2019). *Canadian community health nursing professional practice model & standards of practice*.
 Illustrating equality vs equity. *Interaction Institute for Social Change*. (2021, November 24). Retrieved June 26, 2022, from <https://interactioninstitute.org/illustrating-equality-vs-equity/>
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